



CADEIRLAN  
LLANELWY  
ST ASAPH  
CATHEDRAL

# Ardal Cenhadaeth Elwy Mission Area



An induction loop is provided. To use, please turn your hearing aid to T.

**Gluten free wafers are available** for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

## 12<sup>th</sup> August 2018 – Trinity 11

### Today's services:

**8am Holy Eucharist**

at the Cathedral

*(The Service begins on Page 157)*

**9.30am The Parish Eucharist**

**Hymns: 489, 437, 278, 349**

**11am The Cathedral Eucharist**

**Hymns: 305, 271, 272**

*(The Service begins on Page 23)*

Eucharistic Prayer 4 on Page 55

*Psalm: 34. 1-8*

*Preacher: Tom Attwell (Reader in training)*

**3.30pm Evening Prayer** at the Cathedral

*Welcome to St Asaph Cathedral and St Asaph Parish Church today. We are a community that seeks to enfold all people in the love of God. If you wish to speak to a priest after the service, if you wish to find a corner to pray, if you wish simply to find some peace, please feel free and welcome to do so. We warmly invite all those who are baptised to receive Holy Communion with us today. (Children at the discretion of parents). Before the service: spend some time in quiet prayer, preparing to meet the Lord in this act of worship.*

*If you would like to find out more about the Christian faith please contact:*

*Email: [precentor@stasaphcathedral.wales](mailto:precentor@stasaphcathedral.wales)*

*Tel: 01745 532581(Office)*

### Collect

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

### 1 Kings 19. 4-8

A reading from the first book of Kings.

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said,

‘Get up and eat, otherwise the journey will be too much for you.’ He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

For the word of the Lord:  
**Thanks be to God.**

### **Psalm 34. 1-8**

**R: O taste and see that the Lord is good.**

I will bless the Lord at all times; his praise shall ever be in my mouth. My soul shall glory in the Lord; let the humble hear and be glad. **R:** O magnify the Lord with me; let us exalt his name together. I sought the Lord and he answered me and delivered me from all my fears. **R:** Look upon him and be radiant and your faces shall not be ashamed. This poor soul cried, and the Lord heard me and saved me from all my troubles.

**R:** The angel of the Lord encamps around those who fear him and delivers them. O taste and see that the Lord is gracious; blessed is the one who trusts in him. **R:**

### **Ephesians 4. 25 – 5. 2**

A reading from the letter of Paul to the Ephesians.

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your

anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

For the word of the Lord:  
**Thanks be to God.**

### **John 6. 35, 41-51**

Listen to the Gospel of Christ according to Saint John.

**Glory to you, O Lord.**

Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

Then the Jews began to complain about him because he said, ‘I am the bread that came down from heaven.’ They were saying, ‘Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, “I have come down from

heaven’?’ Jesus answered them, ‘Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, “And they shall all be taught by God.” Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.’

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

### **Prayer over the Gifts**

Almighty and most merciful God,  
out of the fullness of your gifts  
we bring before you this bread and  
wine. Blessed be your holy name for  
ever; through Jesus Christ our Lord.  
**Amen.**

### **Post Communion**

Lord of all mercy,  
we your faithful people have celebrated  
that one true sacrifice which takes  
away our sins and brings pardon and  
peace: by our communion keep us firm  
on the foundation of the gospel and  
preserve us from all sin; through Jesus  
Christ our Lord. **Amen.**

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### **Notices**

**Refreshments.** Please join us for  
refreshments after the 9.30am and 11am  
Eucharists.

**Messy Church Holiday Club.** On  
Wednesday 15th August, we are very excited  
to announce that Doug the Magician will be  
coming to tell us a story using magic, at  
Holiday Club in the Parish Church.  
Messy Church Holiday club runs on  
Wednesday mornings between 10.30 and  
12.30, and is followed by a picnic. This will  
be an extra special day so please invite any  
children and families you think might enjoy  
this.

**Parish Church.** There will be no 11am  
Sunday service throughout August. The next  
11am will be on Sunday 9<sup>th</sup> September.  
There will be no services on Sunday 2<sup>nd</sup>  
September at the Parish Church as it is the  
Mayor’s Civic Service at the Cathedral. It is  
hoped that all will be at the Cathedral to  
pray for and support Colin.

### **The Week Ahead**

**13<sup>th</sup> Monday – Jeremy Taylor, Bishop**  
9am Morning Prayer  
9.30am Holy Eucharist  
6pm Evening Prayer

**14<sup>th</sup> Tuesday – Maximilian Kolbe**

9am Morning Prayer  
6pm Stillness & Prayer  
7pm Holy Eucharist

**15<sup>th</sup> Wednesday – Mary, Mother of our Lord**

9am Morning Prayer  
10.30am Holy Eucharist  
10.30am Messy Church Holiday Club  
6pm Evening Prayer

**16<sup>th</sup> Thursday – Feria**

9am Morning Prayer  
10am Holy Eucharist at the Parish Church  
11am A time of prayer for the needs of the Mission Area at the Parish Church  
6pm Evening Prayer

**17<sup>th</sup> Friday – Feria**

9am Morning Prayer  
9.30am Offeren  
6pm Evening Prayer

**18<sup>th</sup> Saturday – Feria**

9am Morning Prayer  
6pm Sacred Space

**19<sup>th</sup> Sunday – Trinity 12**

8am Holy Eucharist at the Cathedral  
9.30am The Parish Eucharist  
11am The Cathedral Eucharist  
3.30pm Evening Prayer at the Cathedral

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Contact: 01745 532581 (Diocesan Office)

Cathedral Website: [stasaphcathedral.wales](http://stasaphcathedral.wales)

Parish Church Website:  
[stasaphparishchurch.org.uk](http://stasaphparishchurch.org.uk)