



CADEIRLAN
LLANELWY
ST ASAPH
CATHEDRAL

ARDAL CENHADAETH ELWY MISSION AREA



An induction loop is provided. To use, please turn your hearing aid to T.

Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

8TH MARCH 2020 – LENT 2

TODAY'S SERVICES:

8am Holy Eucharist

at the Cathedral

(The Service begins on Page 157)

9.30am The Parish Eucharist

Hymns: See Hymn Leaflet

11am The Cathedral Eucharist

Hymns: 333; 383 omit vs3; 63

Mass: Mass of the Quiet Hour, George Oldroyd

Psalm: 121

Motet: God so loved the world, John Stainer

Preacher: The Precentor

Voluntary: Fugue in A Minor BWV 545, J S Bach

3.30pm Choral Evensong

Responses: Byrd

Office Hymn: 60 (t.512)

Psalm: 135. 1-14

Setting: Evening Service in F, George Dyson

Anthem: Wash me thoroughly, S S Wesley

Hymn: 246 (t.ii)

Voluntary: Erbarm dich mein, O Herre Gott BWV 721, J S Bach

Before the service: spend some time in quiet prayer, preparing to meet the Lord in this act of worship.

If you would like to find out more about the Christian faith please contact:

Email: precentor@stasaphcathedral.wales

Tel: 01745 532581(Office)

COLLECT

Almighty God,
you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

GENESIS 12. 1-4A

A reading from the book of Genesis.

Now the Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who

Welcome to St Asaph Cathedral and St Asaph Parish Church today. We are a community that seeks to enfold all people in the love of God. If you wish to speak to a priest after the service, if you wish to find a corner to pray, if you wish simply to find some peace, please feel free and welcome to do so. We warmly invite all those who are baptised to receive Holy Communion with us today. (Children at the discretion of parents).

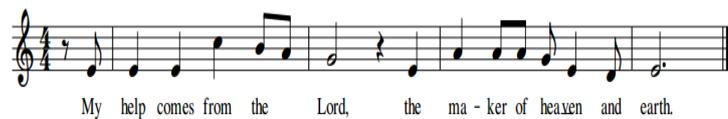
bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.’

So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran.

For the word of the Lord
Thanks be to God.

PSALM 121

R: My help comes from the Lord,
the maker of heaven and earth.



I lift up my eyes to the hills; from where is my help to come? My help comes from the Lord, the maker of heaven and earth. **R:**

He will not suffer your foot to stumble; he who watches over you will not sleep. Behold, he who keeps watch over Israel shall neither slumber nor sleep. **R:**

The Lord himself watches over you; the Lord is your shade at your right hand, So that the sun shall not strike you by day, neither the moon by night.

R:
The Lord shall keep you from all evil; it is he who shall keep your soul. The Lord shall keep watch over your going out and your coming in, from this time forth for evermore. **R:**

ROMANS 4. 1-5, 13-17

A reading from the letter of Paul to the Romans.

What then are we to say was gained by Abraham, our ancestor according to

the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? ‘Abraham believed God, and it was reckoned to him as righteousness.’ Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

God’s Promise Realized through Faith
For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, ‘I have made you the father of many nations’)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

For the word of the Lord
Thanks be to God.

JOHN 3. 1-17

Listen to the Gospel of Christ according to Saint Matthew.

Glory to you, O Lord.

Now there was a Pharisee named Nicodemus, a leader of the Jews. He

came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.'

Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?'

Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit.

What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?'

'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

This is the Gospel of the Lord.

Praise to you, O Christ.

PRAYER OVER THE GIFTS

Grant, O Lord,
that as we lift up these earthly gifts
in the name of your Son Jesus Christ,
so we may share in the heavenly
banquet of his eternal life,
who is alive and reigns,
now and for ever. **Amen.**

POST COMMUNION

Creator of heaven and earth,
we thank you for these holy mysteries
given us by our Lord Jesus Christ,
by which we receive your grace and are
assured of your love,
now and for ever. **Amen.**

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NOTICES

Refreshments. Please join us for refreshments after the 9.30am and 11am Eucharists.

Coronavirus. Due to the recent outbreak the Bishops of the Church in Wales have issued new guidance for receiving holy communion and sharing of the peace. Please listen carefully to the announcements.

Easter Flowers at the Cathedral.

Donations for Easter Flowers are now being invited in memory of departed loved ones. Please add names of loved ones to the list which can be found on the table in the south transept, and put donations in the envelopes provided. Thank you.

Electoral Roll. This has to be completely renewed every 5 years and 2020 is a year for it to be done. Please pick up a form and return as soon as possible to Duncan Cameron (Parish Church) or one of the Stewards (Cathedral). Thank you!

Mothers Union Meeting on Wednesday 18th March at 2pm at the Old Palace. A Lenten Address will be given by Canon Michael Balkwill. A warm welcome is extended to all.

Walsingham Pilgrimage. This takes place from Monday 13th to Friday 17th July 2020. There are still a few places available. The cost is approximately £300 which includes full board at the Shrine. If you would like to join us please speak to Fr Rex as soon as possible.

Parish Lunch. The next Parish Lunch will be held at the Bod Erw at 1300 on Sunday 15th March. Menus have been circulated. Please notify John Solbé if you are able to come and let him know your choice/s.

Dementia Friendly Training sessions at the Diocesan Office on Tuesday 17th March at 12pm and Tuesday 28th April at 6pm. During the session you will increase your understanding of dementia and think about the small things that can make a difference to people affected by dementia. To book a place please contact Sue Last suelast47@gmail.com or 07964 348520

Mothering Sunday. There is a tradition in the church of the liturgical colour being Rose (pink) on Lent 4. We don't have rose vestments but we do have a rose altar frontal at the Cathedral which will be in use on that day. We are, this year, inviting everyone to wear something pink for church on Mothering Sunday and to bring a donation for Breast Cancer. Thank you!

Tea at Two on Thursday, March 12th at 2:30- 4:15pm at Llanelwy Community Church. Dementia friendly activities followed by tea. All welcome.

THE WEEK AHEAD

9th Monday – Feria

9am Morning Prayer
9.30am Holy Eucharist
6pm Evening Prayer

10th Tuesday – Feria

9am Morning Prayer
6pm Evening Prayer
7pm Holy Eucharist

11th Wednesday – Feria

9am Morning Prayer
10.30am Holy Eucharist
11.30am Prayer Group
6pm Evening Prayer
7.30pm Compline & Meditation

12th Thursday – Feria

9am Morning Prayer
10am Holy Eucharist
6pm Evening Prayer

13th Friday – Feria

9am Morning Prayer
9.30am Offeren
6pm Choral Evensong

14th Saturday – Feria

9am Morning Prayer
6pm Evening Prayer

15th Sunday – Lent 5

8am Holy Eucharist
9.30am The Parish Eucharist
11am The Cathedral Eucharist
3.30pm Choral Evensong

Contact: 01745 532581 (Diocesan Office)

Cathedral Website: stasaphcathedral.wales

Parish Church Website:
stasaphparishchurch.org.uk