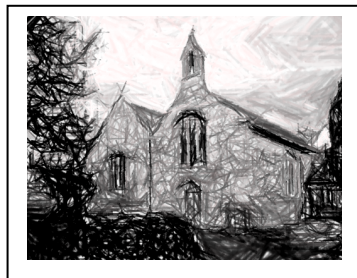




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Holy Week

The Eucharist for LENT

Wednesday 31st March 2021

HOLY WEEK

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
and keep you in the love of Christ.

The priest offers words of welcome and introduces the Eucharist

**Father of glory, holy and eternal,
look upon us now in power and mercy.
May your strength overcome our weakness,
your radiance transform our blindness,
and your Spirit draw us to that love
shown and offered to us by your Son,
our Saviour Jesus Christ. Amen.**

PENITENTIAL RITE

Silence

Lord Jesus, you were sent to heal the contrite.
Lord, have mercy: **Lord, have mercy.**

Lord Jesus, you came to call sinners.
Christ, have mercy: **Christ, have mercy.**

Lord Jesus, you plead for us
at the right hand of the Father.
Lord, have mercy: **Lord, have mercy.**

Almighty God, who forgives all who truly repent,
have mercy on you and set you free from sin,
strengthen you in goodness and keep you in eternal life;
through Jesus Christ our Lord. **Amen.**

COLLECT

Let us pray:

Almighty and everlasting God,
who in your tender love towards the human race
sent your Son our Saviour Jesus Christ
to take upon him our flesh
and to suffer death upon the cross:
grant that we may follow the example of his patience and humility,
and also be made partakers of his resurrection;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

ISAIAH 50. 4-9A

A reading from the book of the prophet Isaiah.

The Lord God has given me
the tongue of a teacher,
that I may know how to sustain
the weary with a word.
Morning by morning he wakens—
wakens my ear
to listen as those who are taught.
The Lord God has opened my ear,
and I was not rebellious,
I did not turn backwards.
I gave my back to those who struck me,
and my cheeks to those who pulled out the beard;
I did not hide my face
from insult and spitting.
The Lord God helps me;
therefore I have not been disgraced;
therefore I have set my face like flint,
and I know that I shall not be put to shame;
he who vindicates me is near.
Who will contend with me?

Let us stand up together.
Who are my adversaries?
Let them confront me.
It is the Lord God who helps me;
who will declare me guilty?

For the word of the Lord
Thanks be to God.

PSALM 70

R: You are my help and my deliverer, O Lord.

O God, make speed to save me;
O Lord, make haste to help me.
Let those who seek my life
be put to shame and confusion;
let them be turned back and disgraced
who wish me evil. **R:**

Let those who mock and deride me
turn back because of their shame.
But let all who seek you rejoice and be glad in you;
let those who love your salvation say always, 'Great is the Lord!' **R:**

As for me, I am poor and needy;
come to me quickly, O God.
You are my help and my deliverer;
O Lord, do not delay. **R:**

R: You are my help and my deliverer, O Lord.

HEBREWS 12. 1-3

A reading from the letter to the Hebrews.

Since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

Consider him who endured such hostility against himself from sinners, so that you may not grow weary or lose heart.

For the word of the Lord

Thanks be to God.

JOHN 13. 21-32

Praise to you, O Christ, King of eternal glory.

Praise to you, O Christ, King of eternal glory.

We adore you, O Christ, and we bless you;
because by your holy Cross you have redeemed the world.

Praise to you, O Christ, King of eternal glory.

The Lord be with you

And also with you.

Listen to the Gospel of Christ according to Saint John.

Glory to you, O Lord.

Jesus was troubled in spirit, and declared, 'Very truly, I tell you, one of you will betray me.' The disciples looked at one another, uncertain of whom he was speaking. One of his disciples—the one whom Jesus loved—was reclining next to him; Simon Peter therefore motioned to him to ask Jesus of whom he was speaking. So while reclining next to Jesus, he asked him, 'Lord, who is it?' Jesus answered, 'It is the one to whom I give this piece of bread when I have dipped it in the dish.' So when he had dipped the piece of bread, he gave it to Judas son of Simon Iscariot. After he received the piece of bread, Satan entered into him. Jesus said to him, 'Do quickly what you are going to do.' Now no one at the table knew why he said this to him. Some thought that, because Judas had the common

purse, Jesus was telling him, 'Buy what we need for the festival'; or, that he should give something to the poor. So, after receiving the piece of bread, he immediately went out. And it was night.

When he had gone out, Jesus said, 'Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once.'

This is the Gospel of the Lord.

Praise to you, O Christ.

Praise to you, O Christ, **King of eternal glory.**

THE INTERCESSION

Lord, in your mercy: *Or* Lord, hear us:
hear our prayer. Lord, graciously hear us.

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

THE PEACE

Once we were far away from God, but now in union with Christ Jesus we have been brought near through the shedding of his blood.

The peace of the Lord be with you always.
And also with you.

THE THANKSGIVING

We celebrate together the gifts and grace of God.

**We take this bread,
we take this wine
to follow Christ's example
and obey his command.**

PRAYER OVER THE GIFTS

Lord, may the passion of your only Son
make us pleasing to you,
that we may gain your mercy and love
not by any merits of our own
but by his perfect sacrifice;
we ask this in his name. **Amen.**

EUCCHARISTIC PRAYER (3)

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right,
it is our duty and our joy
at all times and in all places to give you thanks and praise,
holy Father, heavenly King, almighty, everlasting God,
through Jesus Christ your only Son our Lord.

Who, bearing the human likeness, humbled himself
and in obedience accepted death, even death on a cross.
He was lifted up from the earth
that he might draw all people to himself.

Therefore with angels and archangels
and with all the company of heaven
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Hear us, heavenly Father,
through Jesus Christ your Son our Lord.
Through him accept our sacrifice of praise,
and grant that, by the power of your Spirit,
these gifts of bread and wine may be for us
his body and his blood;

who in the same night that he was betrayed
took bread and gave you thanks;
he broke it and gave it to his disciples, saying,

Take, eat; this is my body which is given for you.
Do this in remembrance of me.

In the same way, after supper,
he took the cup and gave you thanks;
he gave it to them, saying,

Drink from this, all of you;
for this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come in glory.

Therefore, Father,

remembering the saving death and resurrection of your Son
we offer to you in thanksgiving this bread and this cup, your gifts to us,
and we thank you for counting us worthy
to stand in your presence and serve you.

Send your Holy Spirit upon all of us
who share this bread and this cup.
Strengthen our faith, make us one
and welcome us and all your people
into the glorious kingdom of your Son.

Through him, with him, in him,
in the unity of the Holy Spirit
all honour and glory are yours,
almighty Father, for ever and ever. **Amen.**

Silence is kept

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The priest breaks the bread

Every time we eat this bread and drink of this cup
we **proclaim the Lord's death until he comes.**

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
grant us peace.**

Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

*As the priest receives Holy Communion, you may like to
pray this prayer for Spiritual Communion*

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things, and desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You. Amen.

POST COMMUNION PRAYER

Give thanks to the Lord for he is gracious:
his love is everlasting.

Lord Jesus Christ,
you humbled yourself in taking the form of a servant,
and in obedience died on the cross for our salvation:
give us the mind to follow you
and to proclaim you as Lord and King,
to the glory of God the Father. **Amen.**

THE BLESSING

The Lord be with you.
And also with you.

Christ crucified draw you to himself, the sure ground of faith, the firm support for hope and the assurance of sins forgiven; And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.
In the name of Christ.

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