

ARDAL CENHADAETH ELWY MISSION AREA

EGLWYS SANT ASA

CADEIRLAN LLANELWY

EGLWYS SANTES FAIR CEFN

ST ASAPH PARISH CHURCH

ST ASAPH CATHEDRAL

ST MARY'S CHURCH CEFN

Lent



LENT, HOLY WEEK & EASTER 2023

OPPORTUNITIES FOR NURTURING
OUR FAITH THROUGH PRAYER,
WORSHIP & STUDY

FAITH, HOPE AND LOVE

Growing Faith, Bringing Hope, Demonstrating Love is the new focus for the Diocese of St Asaph. A course has been developed by the Diocese and this will be our Lent Study for 2023.

The course focuses on

- Growing Faith
- Bringing Hope
- Demonstrating Love

The Course will take place at the Parish Church on Thursday evening beginning at 7pm

1. 2nd March – Telling our stories
2. 9th March – Faith, and how it shapes our lives
3. 16th March – Hope and the expectation of change
4. 23rd March – Love, and the power to transform
5. 30th March – Choice, and the creation of new possibilities

Each session uses a mix of video and discussion questions, including a short introductory video from Bishop Gregory, and is designed to last about an hour. The course facilitator will be Fr Rex Matthias.



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GROW **FAITH** • BRING **HOPE** • DEMONSTRATE **LOVE**

DIOCESE OF ST ASAPH

DAILY WORSHIP

Why not take on joining the Cathedral Community for Daily Prayer and worship as part of your Lent devotion?

EUCHARIST, MORNING AND EVENING PRAYER/CHORAL EVENSONG

MONDAY

9am Morning Prayer
9.30am Holy Eucharist
5pm Evening Prayer

TUESDAY

9am Morning Prayer
6pm Evening Prayer
7pm Holy Eucharist

WEDNESDAY

9am Morning Prayer
10.30am Holy Eucharist
5pm Evening Prayer

THURSDAY

9am Morning Prayer
10am Holy Eucharist *at the Parish Church*
5pm Evening Prayer

FRIDAY

9am Morning Prayer
9.30am Offeren (Welsh Eucharist)
6pm Choral Evensong or 5pm Evening Prayer (see Sunday Sheet or Website)

SATURDAY

9am Morning Prayer
5pm Evening Prayer

SUNDAYS AND HOLY DAYS OF LENT

Wednesday 22nd February – ASH WEDNESDAY

10.30am Holy Eucharist & Imposition of Ashes

6pm Holy Eucharist & Imposition of Ashes

Both at the Cathedral

Sunday 26th February – Lent 1

9.30am Parish Eucharist

11am Cathedral Eucharist

3.30pm Evening Prayer

Wednesday 1st March – St David

10.30am Holy Eucharist

Sunday 5th March – Lent 2

9.30am Parish Eucharist

9.30am Holy Eucharist *at St Mary's Cefn*

11am Cathedral Eucharist

11am Messy Church *at the Parish Church*

3.30pm Choral Evensong

Sunday 12th March – Lent 3

9.30am Parish Eucharist

11am Cathedral Eucharist

3.30pm Choral Evensong

Sunday 19th March – Lent 4 (Mothering Sunday)

9.30am All-Age Eucharist *at the Parish Church*

9.30am Holy Eucharist *at St Mary's Cefn*

11am Cathedral Eucharist

3.30pm Choral Evensong

Saturday 25th March – The Annunciation of the Lord

12noon Holy Eucharist *at the Parish Church*

Followed by Walsingham Pilgrims Lunch

Sunday 26th March – Lent 5 (Passiontide begins)

9.30am Parish Eucharist

11am Cathedral Eucharist

3.30pm Choral Evensong

6pm Service of Healing with Laying on of Hands & Anointing *at the Parish Church*

HOLY WEEK

This year our guest preacher for Holy Week will be the Venerable Bernard Thomas, formerly Archdeacon of St Asaph.



Holy Week

4th April – Palm Sunday

9.30am Blessing of Palms & Parish Eucharist

9.30am Blessing of Palms & Holy Eucharist *at St Mary's Cefn*

11am Blessing of Palms, Procession & Cathedral Eucharist

3.30pm Choral Evensong

3rd April - Monday of Holy Week

9am Morning Prayer

6pm Evening Prayer

7pm Holy Eucharist & Address

4th April – Tuesday of Holy Week

9am Morning Prayer
6pm Evening Prayer
7pm Holy Eucharist & Address

5th April – Wednesday of Holy Week

9am Morning Prayer
6pm Evening Prayer
7pm Holy Eucharist & Address

6th April – Maundy Thursday

8am Morning Prayer
11am Diocesan Chrism Mass
5pm Evening Prayer
7pm Choral Eucharist of the Last Supper
& Watch of Prayer
10pm Night Prayer (Compline)

7th April – Good Friday

9am Morning Prayer
12noon The 1st Hour at the Cross *at the Parish Church*
1.30pm The Solemn Good Friday Liturgy

8th April – Holy Saturday

9am Morning Prayer
7pm Solemn Vigil, Lighting of the Paschal Candle and 1st Eucharist of Easter

9th April – EASTER DAY

9.30am Parish Eucharist
9.30am Holy Eucharist *at St Mary's Cefn*
11am Cathedral Eucharist
3.30pm Choral Evensong

From Easter Monday the Daily Service times return to normal

NEXT TIME IT WILL BE DIFFERENT

How many times have we said this to ourselves? It is usually combined with saying something like, I wish I had done this or I wish I had tried that. Next time I will do it differently. We have started our Lenten journey. Looking back over the past few years of our Lent journeys are we thinking, I wish I had done it differently? Of course changing our Lenten discipline is ok. If we have to fine tune it or even radically rethink it that is fine. There is no set pattern, no right Lent or wrong Lent. But how difficult it is to change something once we have started it! Most of us have been brought up with the idea that once you choose something you stick to it! And in many aspects of life this is the best policy. But with our spiritual life it may be slightly different. Sticking with something just because we started it might not be exactly where God wants us to be. Any relationship changes: think about our different relationships with any members of our family or friends – they change, develop and re-work them-selves almost constantly as we grow to love and respect each other. Sadly for many Christians the relationship they have with God is one that they started in their childhood but have never really looked at closely enough to change, develop and re-work as they grow older. Even though their views of life and their experience of the world changes, the God they received as a child stays the same. It is our duty as Christians to let our relationship with the Lord change and deepen – not just over the years of life, but over the days, hours and minutes that we spend with him. It isn't easy to change something in life – we are often stuck with something we chose earlier on. But God is ever new and our relationship with him must also be ever new. Lent is the obvious time to deepen and discover this relationship but look what is coming! Easter! That rebirth, that new life, that wonderful expression of a new, living, dynamic relationship with God through the risen Christ. If we go through Holy Week without disturbing and rethinking our relationship with God then we have missed the point. And if we go through Easter without any sense of the power of God to transform our lives through our relationship with him, then again, we have missed the point.

These holy days and the celebration of Easter are not re-enactments that just comfort us and help us to look back. We live them for real, immersing ourselves in the reality of the events which transform, deepen and resurrect our living relationship with God. What will you do differently? Will you let the power of the Resurrection change your life?

MESSY CHURCH HOLY WEEK CLUB

Come and join this year's Messy Church Holy Week Club at the Parish Church. Lots of fun, activities and food for children as we look at the events of Holy Week and Easter.

Monday 3rd April to Thursday 10th April: 10am to 12.30pm each day.

There is no charge for the children to attend, but donations are very welcome!

Further information from Marion Hughes: marionkh@btinternet.com

See also the Messy Church page on FaceBook



Holy Week

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