



THE SUNDAY SHEET  
TRINITY 5  
9<sup>TH</sup> JULY 2023

*A very warm welcome as we gather for the Parish Eucharist.  
An induction loop is provided.*

*Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks*

ENTRANCE HYMN

Praise to the Lord, the Almighty, the King of creation;  
O my soul, praise him, for he is thy health and salvation:  
all ye who hear,  
now to his temple draw near,  
joining in glad adoration.

Praise to the Lord, who o'er all things so wondrously reigneth,  
shieldeth thee gently from harm, or when fainting sustaineth:  
hast thou not seen  
how thy hearts wishes have been  
granted in what he ordaineth.

Praise to the Lord, who doth prosper thy work and defend thee;  
surely his goodness and mercy shall daily attend thee:  
ponder anew  
what the Almighty can do,  
if to the end he befriend thee.

Praise to the Lord! O let all that is in me adore him!  
All that hath life and breath, come now with praises before him!  
Let the Amen  
sound from his people again:  
gladly for ay we adore him.

*Joachim Neander 1650-1680*  
*Tune: Lobe den Herren*

*The order of service can be found in the Eucharist Booklet*

#### THE COLLECT

Almighty and everlasting God,  
by whose Spirit the whole body of the Church  
is governed and sanctified:  
hear our prayer which we offer for all your faithful people,  
that in their vocation and ministry  
they may serve you in holiness and truth  
to the glory of your name;  
through our Lord and Saviour Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

#### ROMANS 7. 15-25A

A reading from the letter of Paul to the Romans.

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

For the word of the Lord:

**Thanks be to God.**

Alleluia, alleluia, give thanks to the risen Lord.  
 Alleluia, alleluia, give praise to his name.

Spread the good news o'er all the earth:  
 Jesus has died and has risen.

Alleluia, alleluia, give thanks to the risen Lord.  
 Alleluia, alleluia, give praise to his name.

*Donald Fishel b.1950*

*Tune: Alleluia No.1*

### MATTHEW IO. 40-42

Listen to the Gospel of Christ according to Saint Matthew.

#### **Glory to you, O Lord.**

At that time Jesus said, 'But to what will I compare this generation? It is like children sitting in the market-places and calling to one another, "We played the flute for you, and you did not dance; we wailed, and you did not mourn."

For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'

At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord.

#### **Praise to you, O Christ.**

*After the Sermon please turn to the Eucharist booklet for the Affirmation of Faith*

## OFFERTORY HYMN

Just as I am, without one plea  
but that thy blood was shed for me,  
and that thou bidst me come to me,  
O Lamb of God, I come.

Just as I am, though tossed about  
with many a conflict, many a doubt,  
fightings and fears within, without,  
O Lamb of God, I come.

Just as I am, poor, wretched, blind;  
sight, riches, healing of the mind,  
yea, all I need, in thee to find,  
O Lamb of God, I come.

Just as I am, thou wilt receive,  
wilt welcome, pardon, cleanse, relieve:  
because thy promise I believe,  
O Lamb of God, I come.

Just as I am, thy love unknown  
has broken every barrier down;  
now to be thine, yea, thine alone,  
O Lamb of God, I come.

Just as I am, of that free love  
the breadth, length, depth, and height to prove,  
here for a season, then above,  
O Lamb of God, I come.

*Charlotte Elliott 1789-1871*

*Tune: Saffron Walden*

## PRAYER OVER THE GIFTS

Father,  
your word creates in us a yearning for your kingdom:  
fulfil our longing and keep us in your peace;  
for the sake of Jesus Christ our Lord. **Amen.**

*Please turn to the Eucharist Booklet for the Eucharistic Prayer*

HYMN AT THE END OF COMMUNION

How sweet the name of Jesus sounds  
In a believer's ear!  
It soothes his sorrows, heals his wounds,  
And drives away his fear.

It makes the wounded spirit whole,  
And calms the troubled breast;  
'tis manna to the hungry soul,  
And to the weary rest.

Dear name! the rock on which I build,  
My shield and hiding place,  
My never-failing treasury filled  
With boundless stores of grace.

*John Newton 1725-1807*

*Tune: St Peter*

*Please turn to the Eucharist Booklet*

POST COMMUNION PRAYER

Grant, O Lord, we beseech you,  
that the course of this world  
may be so peaceably ordered by your governance,  
that your Church may joyfully serve you in all godly quietness;  
through Jesus Christ our Lord. **Amen.**

FINAL HYMN

Be thou my vision, O Lord of my heart,  
be all else but naught to me, save that thou art;  
be thou my best thought in the day and the night,  
both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,  
be thou ever with me, and I with thee, Lord;  
be thou my great Father, and I thy true son;  
be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight;  
be thou my whole armour, be thou my true might;  
be thou my soul's shelter, be thou my strong tower:  
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise:  
be thou mine inheritance now and always;  
be thou and thou only the first in my heart;  
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright Sun,  
O grant me its joys after vict'ry is won;  
great Heart of my own heart, whatever befall,  
still be thou my vision, O Ruler of all.

*Irish, 8<sup>th</sup> Century*  
*Tune: Slane*

## NOTICES

**Refreshments.** Please do join us for refreshments after the service if you can.

**Foodbank.** The Foodbank box is now back in the Parish Church. Donations gratefully received.

**Praying for Growth.** Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer (*card copies are available at the back of the Church*):

*God of Mission,*

*Who alone brings growth to your Church,*

*Send your Holy Spirit to give*

*Vision to our planning,*

*Wisdom to our actions,*

*Joy to our worship,*

*And power to our witness.*

*Help our church to grow in numbers,*

*In spiritual commitment to you,*

*And in service to our local community,*

*Through Jesus Christ our Lord. Amen.*

**The Community Fridge** takes place every Sunday from 5-7pm at the Parish Church.

**Singing Group.** The next meeting is on Thursday 13<sup>th</sup> July at 7pm. Come along and learn some of the Hymns and Songs that we will be using in our worship. No singing ability needed – just those wanting to make a joyful noise to the Lord.

**Christian Aid** John & Anne Musgrave have completed their cycle ride in aid of Christian Aid. Could you please bring in your sponsor money as soon as possible. Thank you!

### **Mission Area Prayer Group**

We are a small group who meet each Thursday to pray for the needs of the Mission Area and for the people of St Asaph to come to know the Lord. We meet at the Cathedral at 11am on the first Thursday of the month then at 10.45am in the Parish Church each remaining week. If you feel you would like to pray for the MA and its needs, please do come and join us, there is no pressure, just very informal prayer. We also have a **Prayer Circle** where an email is sent out monthly with varying suggestions for prayer. If you would be interested in becoming a part of the Thursday group or the Prayer Circle, or have any questions, please email: [berylpt@hotmail.co.uk](mailto:berylpt@hotmail.co.uk) and you can receive all the relevant information.

**School Bibles.** Each year the Mission Area gives a copy of the Bible to each Year 6 pupil at Esgob Morgan as they leave to go to High School. Donations towards this will be gratefully received. Please see Fr Rex or Marion Hughes. Thank you!

## THE WEEK AHEAD

### **10<sup>th</sup> Monday – Feria**

9am Morning Prayer

9.30am Holy Eucharist

5pm Evening Prayer

### **11<sup>th</sup> Tuesday – Benedict, Abbot**

9am Morning Prayer

5pm Evening Prayer

6pm Holy Eucharist

## **12<sup>th</sup> Wednesday – Feria**

9am Morning Prayer

10.30am Holy Eucharist

5pm Evening Prayer

## **13<sup>th</sup> Thursday – Feria**

9am Morning Prayer

10am Holy Eucharist *at the Parish Church*

11am Prayer Group *at the Parish Church*

5pm Evening Prayer

7pm Singing Group *at the Parish Church*

## **14<sup>th</sup> Friday – John Keble, Priest & Teacher**

9am Morning Prayer

9.30am Offeren (*Welsh Eucharist*)

5pm Evening Prayer

## **15<sup>th</sup> Saturday – Feria**

9am Morning Prayer

10am LLM Eucharist

5pm Evening Prayer

## **16<sup>th</sup> Sunday – Trinity 5**

9.30am The Parish Eucharist *at the  
Parish Church*

9.30am Holy Eucharist *at St Mary's Cefn*

11am The Cathedral Eucharist

3.30pm Choral Evensong with  
Installation of Canons

### Contact:

Parish Church: 01745 535957

Fr Rex: 07393 639813

### Parish Church Website:

[www.stasaphparishchurch.org.uk](http://www.stasaphparishchurch.org.uk)