



THE SUNDAY SHEET  
TRINITY II (BREAD FROM HEAVEN)  
20<sup>TH</sup> AUGUST 2023

*A very warm welcome as we gather for the Parish Eucharist.  
An induction loop is provided.*

*Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks*

ENTRANCE HYMN

The trumpets sound, the angels sing,  
the feast is ready to begin;  
the gates of heaven are open wide,  
and Jesus welcomes you inside.

The trumpets sound, the angels sing,  
the feast is ready to begin;  
the gates of heaven are open wide,  
and Jesus welcomes you inside.

*Sing with thankfulness songs of pure delight,  
come and revel in heaven's love and light;  
take your place at the table of the King,  
the feast is ready to begin, the feast is ready to begin.*

Tables are laden with good things,  
O taste the peace and joy he brings;  
He'll fill you up with love divine,  
He'll turn your water into wine.

The hungry heart he satisfies,  
offers the poor his paradise;  
now hear all heaven and earth applaud  
the amazing goodness of the Lord.

*Graham Kendrick b.1957*

*The order of service can be found in the Eucharist Booklet*

#### THE COLLECT

Lord Jesus Christ,  
we thank you that in this wonderful sacrament  
you have given us the memorial of your death and resurrection:  
grant us so to reverence the mystery  
of your body and blood  
that we may know in ourselves  
and show in our lives  
that we have been saved by you;  
for you are alive and reign with the Father  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

#### I CORINTHIANS II. 23-26

A reading from the first letter of Paul to the Corinthians.

For I received from the Lord the teaching that I passed on to you: that the Lord Jesus, on the night he was betrayed, took a piece of bread, gave thanks to God, broke it, and said, "This is my body, which is for you. Do this in memory of me." In the same way, after the supper he took the cup and said, "This cup is God's new covenant, sealed with my blood. Whenever you drink it, do so in memory of me." This means that every time you eat this bread and drink from this cup you proclaim the Lord's death until he comes.

For the word of the Lord:  
**Thanks be to God.**

Alleluia, alleluia, give thanks to the risen Lord.  
 Alleluia, alleluia, give praise to his name.

Jesus is Lord of all the earth:  
 he is the King of creation:

Alleluia, alleluia, give thanks to the risen Lord.  
 Alleluia, alleluia, give praise to his name.

*Donald Fishel b.1950*

*Tune: Alleluia No.1*

### JOHN 6. 51-58, 60

Listen to the Gospel of Christ according to Saint John.

**Glory to you, O Lord.**

Jesus said: I am the living bread that came down from heaven. If you eat this bread, you will live forever. The bread that I will give you is my flesh, which I give so that the world may live." This started an angry argument among them. "How can this man give us his flesh to eat?" they asked. Jesus said to them, "I am telling you the truth: if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in yourselves. Those who eat my flesh and drink my blood have eternal life, and I will raise them to life on the last day. For my flesh is the real food; my blood is the real drink. Those who eat my flesh and drink my blood live in me, and I live in them. The living Father sent me, and because of him I live also. In the same way whoever eats me will live because of me. This, then, is the bread that came down from heaven; it is not like the bread that your ancestors ate, but then later died. Those who eat this bread will live forever."  
 Many of his followers heard this and said, "This teaching is too hard. Who can listen to it?"

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*After the Sermon please turn to the Eucharist booklet for the Affirmation of Faith*

## OFFERTORY HYMN

All hail the power of Jesu's name!  
let angels prostrate fall;  
bring forth the royal diadem  
to crown him Lord of all.

Crown him, ye morning stars of light,  
who fixed this floating ball;  
now hail the Strength of Israel's might;  
and crown him Lord of all.

Crown him, ye martyrs of your God,  
who from his altar call;  
praise him whose way of pain ye trod,  
and crown him Lord of all.

Ye seed of Israel's chosen race,  
ye ransomed of the fall,  
hail him who saves you by his grace,  
and crown him Lord of all.

Hail him, ye heirs of David's line,  
whom David Lord did call;  
The God incarnate, Man divine,  
and crown him Lord of all.

Sinners, whose love can ne'er forget  
the wormwood and the gall,  
go spread your trophies at his feet,  
and crown him Lord of all.

Let every tribe and every tongue  
to him their hearts enthrall,  
lift high the universal song,  
and crown him Lord of all.

*Edward Perronet 1726-1792 & others*  
*Tune: Miles Lane*

## PRAYER OVER THE GIFTS

Father,  
receive these gifts we bring before you,  
and feed us continually with the bread that satisfies all hunger,  
your Son, Jesus Christ our Lord. **Amen.**

*Please turn to the Eucharist Booklet for the Eucharistic Prayer*

## HYMN AT THE END OF COMMUNION

Be still for the presence of the Lord, the Holy One, is here.  
Come, bow before him now, with reverence and fear.  
In him no sin is found, we stand on holy ground.  
Be still, for the presence of the Lord, the Holy One, is here.

Be still for the glory of the Lord is shining all around;  
he burns with holy fire, with splendour he is crowned.  
How awesome is the sight, our radiant King of light!  
Be still, for the glory of the Lord is shining all around.

Be still for the power of the Lord is moving in this place;  
he comes to cleanse and heal, to minister his grace.  
No work too hard for him, in faith receive from him.  
Be still, for the power of the Lord is moving in this place.

*David Evans b.1957*

*Tune: Be still*

*Please turn to the Eucharist Booklet*

## POST COMMUNION PRAYER

All praise to you, our God and Father,  
for you have fed us with the bread of heaven  
and quenched our thirst from the true vine:  
hear our prayer that, being grafted into Christ,  
we may grow together in unity  
and feast with him in his kingdom;  
through Jesus Christ our Lord. **Amen.**

## FINAL HYMN

Sing of the Lord's goodness, Father of all wisdom,  
come to him and bless his name.

Mercy he has shown us, his love is for ever,  
faithful to the end of days.

*Come then all you nations, sing of your Lord's goodness,  
melodies of praise and thanks to God.*

*Ring out the Lord's glory, praise him with your music,  
worship him and bless his name.*

Power he has wielded, honour is his garment,  
risen from the snares of death.

His word he has spoken, one bread he has broken,  
new life he now gives to all.

Courage in our darkness, comfort in our sorrow,  
Spirit of our God most high;  
solace for the weary, pardon for the sinner,  
splendour of the living God.

Praise him with your singing, praise him with the trumpet,  
praise God with the lute and harp;  
praise him with the cymbals, praise him with your dancing,  
praise God till the end of days.

*Ernest Sands b.1949*

*Tune: Sing of the Lord's goodness*

## NOTICES

**Refreshments.** Please do join us for refreshments after the service if you can.

**Foodbank.** The Foodbank box is now back in the Parish Church. Donations gratefully received.

**Praying for Growth.** Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer (*card copies are available at the back of the Church*):

*God of Mission,*

*Who alone brings growth to your Church,*

*Send your Holy Spirit to give*

*Vision to our planning,*

*Wisdom to our actions,*

*Joy to our worship,*

*And power to our witness.*

*Help our church to grow in numbers,*

*In spiritual commitment to you,*

*And in service to our local community,*

*Through Jesus Christ our Lord. Amen.*

**The Community Fridge** takes place every Sunday from 5-7pm at the Parish Church.

**Pray for 2 Challenge.** If each of us only prayed for 2 people over the summer period and they responded, imagine the number of new people there could be in church for the Harvest celebrations. So let us spend the summer each praying for 2 people come to know the Lord and join our church. Then invite them!

**Parish Church Website** has been revamped and hopefully easier to use. Some of the pages are without content but

will be sorted over the coming weeks. This is in an effort to improve our communication. Take a look: [www.stasaphparishchurch.org.uk](http://www.stasaphparishchurch.org.uk)

**Sunday Sheet.** Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

**Church Rotas.** We are always looking for more people to read, lead intercessions and serve at the altar at the Sunday Eucharist. If you feel you may be able to join one of these ministries please speak to Fr Rex. Thank you!

**The Civic Service** for Colin, our Mayor, takes place at the Cathedral on Sunday 10<sup>th</sup> September at 11am. There will be no service in the Parish Church on that morning. Please do come to the Cathedral to give our prayerful support to Colin and Gwenda.

## THE WEEK AHEAD

### 21<sup>st</sup> Monday – Feria

9am Morning Prayer

9.30am Holy Eucharist

5pm Evening Prayer

### 22<sup>nd</sup> Tuesday – Feria

9am Morning Prayer

5pm Evening Prayer

6pm Holy Eucharist

### 23<sup>rd</sup> Wednesday – Tydfil, Martyr

9am Morning Prayer

10.30am Holy Eucharist

5pm Evening Prayer

**24<sup>th</sup> Thursday – Bartholomew,  
Apostle**

9am Morning Prayer

10am Holy Eucharist *at the Parish Church*

10.45am Prayer Group *at the Parish Church*

5pm Evening Prayer

**25<sup>th</sup> Friday – Feria**

9am Morning Prayer

9.30am Offeren (*Welsh Eucharist*)

5pm Evening Prayer

**26<sup>th</sup> Saturday – Feria**

9am Morning Prayer

5pm Evening Prayer

**27<sup>th</sup> Sunday – Trinity 12**

9.30am The Parish Eucharist *at the  
Parish Church*

11am The Cathedral Eucharist

3.30pm Evening Prayer

Contact:

Parish Church: 01745 535957

Fr Rex: 07393 639813

Parish Church Website:

[www.stasaphparishchurch.org.uk](http://www.stasaphparishchurch.org.uk)