



The Sunday Sheet

Thanksgiving for Holy Communion (Corpus Christi)

2nd June 2024

*A very warm welcome as we gather for the Parish Eucharist.
An induction loop is provided.*

Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

Entrance Hymn

The trumpets sound, the angels sing,
the feast is ready to begin;
the gates of heaven are open wide,
and Jesus welcomes you inside.

The trumpets sound, the angels sing,
the feast is ready to begin;
the gates of heaven are open wide,
and Jesus welcomes you inside.

*Sing with thankfulness songs of pure delight,
come and revel in heaven's love and light;
take your place at the table of the King,
the feast is ready to begin, the feast is ready to begin.*

Tables are laden with good things,
O taste the peace and joy he brings;
He'll fill you up with love divine,
He'll turn your water into wine.

The hungry heart he satisfies,
offers the poor his paradise;
now hear all heaven and earth applaud
the amazing goodness of the Lord.

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
And keep you in the love of Christ.

The Priest gives an introduction to the Eucharist and call the people to penitence.

As we prepare to celebrate the mystery of God's love, revealed in Word and Sacrament, let us call to mind our sins.

Silence is kept

Lord Jesus, you raise us to new life:
Lord, have mercy: **Lord, have mercy.**

Lord Jesus, you forgive our sins:
Christ, have mercy: **Christ, have mercy.**

Lord Jesus, you feed us with your body and blood:
Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,
✠ forgive you and set you free from sin,
and keep you in eternal life. **Amen.**

Gloria in Excelsis

Glory in the highest to the God of heaven!
Peace to all your people through the earth be given:
Mighty God and Father, thanks and praise we bring,
Singing alleluias to our heavenly King.
Jesus Christ is risen, God the Father's Son:
With the Holy Spirit, you are Lord alone!

Lamb once killed for sinners, all our guilt to bear,
Show us now your mercy, now receive our prayer.
Christ the world's true Saviour, high and holy one,
Seated now and reigning from your Father's throne:
Lord and God, we praise you; highest heaven adores:
In the Father's glory, all the praise be yours!

Tune: Rachie

The Collect

Lord Jesus Christ,
we thank you that in this wonderful sacrament
you have given us the memorial of your passion:
grant us so to reverence the sacred mysteries
of your body and blood
that we may know within ourselves
and show forth in our lives
the fruits of your redemption;
for you are alive and reign with the Father
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

1 Corinthians 11. 23-26

A reading from the first letter of Paul to the Corinthians.

I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you. Do this in remembrance of me.' In the same way he took the cup also, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

For the word of the Lord:

Thanks be to God.

The Gospel

Please Stand

Christian people, raise your song,
chase away all grieving;
sing your joy and be made strong,
our Lord's life receiving;
nature's gifts of wheat and wine
now are set before us:
as we offer bread and wine
Christ comes to restore us.

Come to welcome Christ today,
God's great revelation;
he has pioneered the way
of the new creation.

Greet him, Christ our risen King
gladly recognizing,
as with joy we greet the spring
out of winter rising.

Colin Peter Thompson b.1945
Tune: Ave Virgo Virginum

John 6. 51-58

Listen to the Gospel of Christ according to Saint John.
Glory to you, O Lord.

Jesus said to the Jews:

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord.
Praise to you, O Christ.

The Sermon

Please Sit

An Affirmation of the Faith.

Please Stand

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

**Through him all things were made.
For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Intercession

Please Sit

Appropriate responses may be used, for example

Lord, in your mercy:
hear our prayer.

Lord, hear us:
Lord, graciously hear us.

The Intercession ends with a suitable collect said by the priest, or the following

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Please Stand

We are the Body of Christ. In the one Spirit we were all baptized into one body. Let us then pursue all that makes for peace and build up our common life.

The peace of the Lord be with you always.

And also with you.

Let us offer one another a sign of the Lord's peace.

Offertory Hymn

Lord, enthroned in heavenly splendour,
first-begotten from the dead'
thou alone, our strong defender,
liftest up thy people's head.
Alleluia! Alleluia!
Jesu, true and living bread.

Here our humblest homage pay we,
here in loving reverence bow;
here for faith's discernment pray we,
lest we fail to know thee now.
Alleluia! Alleluia!
Thou are here, we ask not how.

Though the lowliest form doth veil thee
as of old in Bethlehem,
here as there thine angels hail thee,
Branch and Flower of Jesse's Stem.
Alleluia! Alleluia!
We in worship join with them

Paschal Lamb, thine offering, finished
once for all when thou wast slain,
in its fullness undiminished
shall for evermore remain,
Alleluia! Alleluia!
cleansing souls from every stain.

Life-imparting heavenly Manna,
stricken Rock with streaming side,
heaven and earth with loud hosanna
worship thee, the Lamb who died,
Alleluia! Alleluia!
Risen, ascended, glorified.

George Hugh Bourne 1840-1925
Tune: St Helen

The Thanksgiving

We celebrate together the gifts and grace of God.

**We take this bread,
we take this wine
to follow Christ's example
and obey his command.**

Prayer over the Gifts

Father, your Son gave his disciples a sign
by which to remember him until he comes again:
as bread is broken and wine poured out
may our eyes be opened to know him,
our Lord and Saviour Jesus Christ. **Amen.**

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.

And now we give you thanks
because when his hour had come,
in his great love he gave this supper to his disciples,
that we might proclaim his death,
and feast with him in his kingdom.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and *saying*:

**Holy, holy, holy, holy,
Holy, holy, Lord God Almighty.
And we lift our hearts before you
as a token of our love.
Holy, holy, holy, holy.**

**Gracious Father, gracious Father,
Blessed is the one who comes to us
 in your name.
And we lift our hearts before you
 as we give you thanks and praise.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may become the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died

Christ is risen

Christ will come in glory.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Mary, the Virgin Mother of God,
the apostles and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

Silence is kept

Please Sit

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The Communion

The priest breaks the bread
We break this bread to share in the body of Christ.
**Though we are many, we are one body
for we all share in one bread.**

**Jesus, Lamb of God: have mercy on us.
Jesus, bearer of our sins: have mercy on us.
Jesus, redeemer of the world: give us your peace.**

The Invitation to Holy Communion

Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.

If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.

Hymn at the end of Communion

This is my body, broken for you,
bringing you wholeness, making you free.
Take it and eat it, and when you do,
do it in love for me.

This is my blood, poured out for you,
bringing forgiveness, making you free.
Take it and drink it, and when you do,
do it in love for me.

Love one another; I have loved you,
and I have shown you how to be free;
serve one another, and when you do,
do it in love for me.

Silence is kept

Post Communion Prayer

Give thanks to the Lord for he is gracious:
his love is everlasting.

All praise to you, our God and Father,
for you have fed us with the bread of heaven
and quenched our thirst from the true vine:
hear our prayer that, being grafted into Christ,
we may grow together in unity
and feast with him in his kingdom;
through Jesus Christ our Lord. **Amen.**

The Blessing

The Lord be with you
And also with you.

Christ, who has nourished us with himself the living bread, make you one in praise and love, and raise you up at the last day. And the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with you always.
Amen.

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Final Hymn

All for Jesus, all for Jesus,
this our song shall ever be;
for we have no hope, nor Saviour,
if we have not hope in thee.

All for Jesus, thou wilt give us
strength to serve thee, hour by hour,
none can move us from thy presence,
while we trust thy love and power.

All for Jesus, at thine altar
thou wilt give us sweet content;
there, dear Saviour, we receive thee
in the solemn sacrament.

All for Jesus, thou hast loved us;
all for Jesus, thou hast died;
all for Jesus, thou art with us;
all for Jesus, crucified.

All for Jesus, all for Jesus,
this the Church's song must be;
till, at last we all are gathered
one in love, and one in thee.

W.J. Sparrow-Simpson 1859-1952
Tune: All for Jesus

Notices

Refreshments. Please do join us for refreshments after the service if you can.

Praying for Growth. Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,
Who alone brings growth to your
Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord. Amen.*

The Community Fridge takes place every Sunday from 4-5pm at the Parish Church.

Sunday Sheet. Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

Bibles for School. Again we are planning to give a Bible to all those leaving Year 6 at Ysgol Esgob Morgan. If you would like to give a donation towards this please see Fr Rex or Marion Hughes.

Cheese and Wine Evening on Friday 7th June at 7pm Cheese and Wine Evening, exploring Welsh Cheeses. No charge but donations are welcome. Names please to Esther, Marion or Fr Rex, so that we have approximate

numbers for catering.

Churchyard work party on Saturday, June 1st from 10am until midday. Refreshments provided. All welcome.

Flower arranging team meeting over coffee on Sunday, June 2nd at 10:30.

Organ Recital by Christopher Enston on Wednesday 5th June at 7.30pm. No charge but there will be a retiring collection.

The Week Ahead

3rd Monday – The Martyrs of Uganda

9am Morning Prayer
9.30am Holy Eucharist
5pm Evening Prayer

4th Tuesday – Feria

9am Morning Prayer
5pm Evening Prayer
6pm Holy Eucharist

5th Wednesday – Boniface, Bishop

9am Morning Prayer
10.30am Holy Eucharist
5pm Evening Prayer
7.30pm Organ Recital

6th Thursday – Feria

9am Morning Prayer
10am Holy Eucharist *at the Parish Church*
10.45am Prayer Group *at the Parish Church*
11am 80th D Day Commemoration *at the War Memorial*
5pm Evening Prayer

7th Friday – Feria

9am Morning Prayer

9.30am Offeren (*Welsh Eucharist*)

6pm Choral Evensong

7pm Cheese & Wine Evening *at the*

Parish Church

8th Saturday – Feria

9am Morning Prayer

5pm Evening Prayer

9th Sunday – Trinity 2

9.30am Parish Eucharist

11am Cathedral Eucharist

3.30pm Choral Evensong

Contact:

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Parish Church Website:

www.stasaphparishchurch.org.uk