



The Sunday Sheet *for* The 13th Sunday after Trinity 25th August 2024

*A very warm welcome as we gather for the **Parish Eucharist**.
An induction loop is provided.*

Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

Entrance Hymn

Stand up, stand up for Jesus,
ye soldiers of the Cross!
Lift high his royal banner,
it must not suffer loss.
From victory unto victory
his army he shall lead,
till every foe is vanquished,
and Christ is Lord indeed.

Stand up, stand up for Jesus,
the solemn watchword hear;
if while ye sleep he suffers,
away with shame and fear.
Where'er ye meet with evil,
within you or without,
charge for the God of battles,
and put the foe to rout.

Stand up, stand up for Jesus,
the trumpet call obey;
forth to the mighty conflict
in this his glorious day.
Ye that are men now serve him
against unnumbered foes;

let courage rise with danger
and strength to strength oppose.

Stand up, stand up for Jesus,
stand in his strength alone;
the arm of flesh will fail you,
ye dare not trust your own.
Put on the Gospel armour,
each piece put on with prayer;
when duty calls or danger
be never wanting there.

Stand up, stand up for Jesus,
the strife will not be long;
this day the noise of battle,
the next the victor's song.
To him that overcometh
a crown of life shall be;
he with the King of Glory
shall reign eternally.

George Duffield 1818-1888
Tune: Morning Light

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
And keep you in the love of Christ.

The Priest gives an introduction to the Eucharist and calls the people to penitence.

Silence is kept

God has revealed a better way, yet we are unable to follow it in our own strength.
Lord, have mercy: **Lord, have mercy.**

God has been made known in his Son, yet we do not always keep our eyes on him.
Christ, have mercy: **Christ, have mercy.**

God has given us the Spirit, yet we do not always attend to his prompting.
Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,
✠ forgive you and set you free from sin,
and keep you in eternal life. **Amen.**

Gloria in Excelsis

Glory in the highest to the God of heaven!
Peace to all your people through the earth be given:
Mighty God and Father, thanks and praise we bring,
Singing alleluias to our heavenly King.

Jesus Christ is risen, God the Father's Son:
With the Holy Spirit, you are Lord alone!
Lamb once killed for sinners, all our guilt to bear,
Show us now your mercy, now receive our prayer.

Christ the world's true Saviour, high and holy one,
Seated now and reigning from your Father's throne:
Lord and God, we praise you; highest heaven adores:
In the Father's glory, all the praise be yours!

Tune: Camberwell

The Collect

Almighty God,
who called your Church to bear witness
that you were in Christ reconciling the world to yourself:
help us to proclaim the good news of your love,
that all who hear it may be drawn to you;
through him who was lifted up on the cross,
and reigns with you and the Holy Spirit,
one God, now and for ever. **Amen.**

Joshua 24. 1-2a, 14-18

A reading from the book of Joshua.

Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, 'Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord. Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord.'

Then the people answered, 'Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through

whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore we also will serve the Lord, for he is our God.'

For the word of the Lord:

Thanks be to God.

The Gospel

Please Stand

Alleluia, alleluia, give thanks to the risen Lord.

Alleluia, alleluia, give praise to his name.

Come let us praise the living God:

joyfully sing to our Saviour:

Alleluia, alleluia, give thanks to the risen Lord.

Alleluia, alleluia, give praise to his name.

Donald Fishel b.1950

Tune: Alleluia No.1

John 6. 56-69

Listen to the Gospel of Christ according to Saint John.

Glory to you, O Lord.

Jesus said to the crowd: Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.'

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, 'Do you also wish to go away?' Simon Peter answered him, 'Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.'

This is the Gospel of the Lord.

Praise to you, O Christ.

The Homily

Please Sit

An Affirmation of the Faith.

Please Stand

Let us declare our faith in God.

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God:
Father, Son, and Holy Spirit. Amen.**

The Intercession

Please Sit

Appropriate responses may be used, for example

Lord, in your mercy:
hear our prayer.

Lord, hear us:
Lord, graciously hear us.

The Intercession ends with a suitable collect said by the priest, or the following

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Please Stand

Our Lord Jesus Christ draws us near so that we may share in his eternal life. Let us draw together now as a sign of that life.

The peace of the Lord be with you always.

And also with you.

Let us offer one another a sign of the Lord's peace.

Offertory Hymn

I, the Lord of sea and sky, I have heard my people cry.
All who dwell in dark and sin my hand will save.
I who made the stars of night, I will make their darkness bright.
Who will bear my light to them? Whom shall I send?

*Here I am, Lord. Is it I, Lord?
I have heard you calling in the night.
I will go, Lord, if you lead me.
I will hold your people in my heart.*

I, the Lord of snow and rain, I have borne my people's pain.
I have wept for love of them. They turn away.
I will break their hearts of stone, give them hearts for love alone.
I will speak my word to them. Whom shall I send?

I, the Lord of wind and flame, I will tend the poor and lame.
I will set a feast for them. My hand will save.
Finest bread I will provide till their hearts be satisfied.
I will give my life to them. Whom shall I send?

Daniel L. Schutte b.1947

The Thanksgiving

We celebrate together the gifts and grace of God.

**We take this bread,
we take this wine
to follow Christ's example
and obey his command.**

Prayer over the Gifts

Living host, call us together,
call us to eat and drink with you;
grant that by your body and your blood
we may be drawn to each other and to you;
who are alive and reign, now and for ever. **Amen.**

The Eucharistic Prayer

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

True and living God, the source of life for all creation,
you have made us in your own image.
Always and everywhere we give you thanks
through Jesus Christ our Lord.

In your love for us
and in the fullness of time
you sent your Son to be the Saviour;
the Word was made flesh,
he lived among us and we have seen his glory.
For our sins and the sins of all the world
he suffered death on the cross.
You raised him to life in triumph
and exalted him in glory.
Through him you send your Holy Spirit upon your Church
and make us your people.

Therefore, with angels and archangels
and with all the company of heaven
we praise your glorious name:

Holy, holy, holy, holy,
Holy, holy, Lord God Almighty.
And we lift our hearts before you
as a token of our love.
Holy, holy, holy, holy.

**Gracious Father, gracious Father,
Blessed is the one who comes to us
in your name.
And we lift our hearts before you
as we give you thanks and praise.
Hosanna in the highest.**

Hear us, most merciful Father,
and send your Holy Spirit on
this bread and wine,
that, overshadowed by his life-giving power,
they may be for us the body and blood of your Son,
our Lord Jesus Christ;
because on the night he was betrayed
he took bread,
and when he had given you thanks,
he broke it, gave it to his disciples and said,

Take, eat; this is my body
which is given for you:
do this in remembrance of me.

In the same way, after supper he took the cup;
when he had given you thanks
he gave it to them and said,
Drink this, all of you;
this cup is the new covenant in my blood
poured out for you and for many
for the forgiveness of sins:
do this as often as you drink it
in remembrance of me.

Let us proclaim the mystery of faith:
**Christ has died.
Christ is risen.
Christ will come in glory.**

Therefore, loving God,
recalling now the sacrifice of Christ your Son
once for all upon the cross
and the triumph of his resurrection,
we ask you to accept this our sacrifice of praise.

Send your Holy Spirit on us
that we may be filled with your life and goodness
and renewed for the service of your Kingdom
Unite us in Christ and give us your peace
that we may do your work and be his body in the world.

Through him, with him, in him,
in the unity of the Holy Spirit
all honour and glory are yours, almighty Father,
for ever and ever. **Amen.**

Silence is kept

Please Sit

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The Communion

The priest breaks the bread
We break this bread to share in the body of Christ.
**Though we are many, we are one body
for we all share in one bread.**

Jesus, Lamb of God: have mercy on us.
Jesus, bearer of our sins: have mercy on us.
Jesus, redeemer of the world: give us your peace.

The Invitation to Holy Communion

Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.

If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.

Hymn at the end of Communion

Let all mortal flesh keep silence
and with fear and trembling stand;
ponder nothing earthly-minded,
for with blessing in his hand
Christ our God to earth descendeth,
our full homage to demand.

King of kings, yet born of Mary,
as of old on earth he stood,
Lord of lords, in human vesture –
in the body and the blood –
he will give to all the faithful
his own self for heavenly food.

At his feet the six-winged seraph;
cherubim with sleepless eye
veil their faces to the Presence,
as with ceaseless voice they cry
Alleluia, Alleluia,
Alleluia, Lord most high.

*Based on the tr. of J M Neale
Tune: Picardy*

The Sending Out

Please Stand

Post Communion Prayer

Give thanks to the Lord for he is gracious:
his love is everlasting.

Creator God,
you feed your children with the true manna,
the living bread from heaven:
let this holy food sustain us through our earthly pilgrimage
until we come to that place where hunger and thirst are no more;
through Jesus Christ our Lord. **Amen.**

The Blessing

The Lord be with you
And also with you.

Christ, who nourishes you with himself, the living bread and the true vine, make you one in praise and service, and raise you up at the last day. And the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Final Hymn

Ye holy angels bright,
who wait at God's right hand,
or through the realms of light
fly at your Lord's command,
assist our song,
for else the theme
too high doth seem
for mortal tongue.

Ye blessed souls at rest,
who ran this earthly race,
and now, from sin released,
behold the Saviour's face,

his praises sound,
as in his light
with sweet delight
ye do abound.

Ye saints, who toil below,
adore your heavenly King,
and onward as ye go
some joyful anthem sing;
take what he gives
and praise him still,
through good and ill,
who ever lives.

My soul, bear thou thy part,
triumph in God above,
and with a well-tuned heart
sing thou the songs of love;
let all thy days
till life shall end
whate'er he send
be filled with praise.

Richard Baxter 1615-1691 & John Hampden Gurney 1802-1862
Tune: Darwell's 148th

CCL No: 961722

Notices

Refreshments. Please do join us for refreshments after the service if you can.

Praying for Growth. Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,
Who alone brings growth to your
Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord. Amen.*

The Community Fridge takes place every Sunday from 4-5pm at the Parish Church.

Sunday Sheet. Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

Mayor's Civic Service. Colin is having his Civic Service at the Parish Church this year. It will be on Sunday 1st September at 10.30am. Please do come along to support him with your presence and your prayers as he does another year of duty in our community. There will be refreshments in the church grounds after the service.

Pilgrimage. The 2025 pilgrimage to Walsingham will take place from 11th to 15th August 2025. If you are interested

in joining the pilgrims please speak to Fr Rex.

Pilgrim. Again on the theme of life as our Christian Pilgrimage, a group looking at aspects of the journey is starting on Tuesday 10th September at 7pm in the Parish Church. Do consider joining us as we explore deepening our faith and learning together as we journey.

The Week Ahead

26th Monday – Feria

9am Morning Prayer
9.30am Holy Eucharist
5pm Evening Prayer

27th Tuesday – Monica, mother of Augustine

9am Morning Prayer
5pm Evening Prayer
6pm Holy Eucharist

28th Wednesday – Augustine of Hippo

9am Morning Prayer
10.30am Holy Eucharist
5pm Evening Prayer

29th Thursday – The Beheading of John the Baptist

9am Morning Prayer
10am Holy Eucharist *at the Parish Church*
10.45am Prayer Group *at the Parish Church*
5pm Evening Prayer

30th Friday – Feria

9am Morning Prayer

9.30am Offeren (*Welsh Eucharist*)

5pm Evening Prayer

31st Saturday – Aidan

9am Morning Prayer

1pm Wedding

5pm Evening Prayer

1st Sunday – Trinity 14

10.30am Parish Eucharist & Mayor's
Civic Service

11am Cathedral Eucharist

3.30pm Choral Evensong with the
Installation of the Archdeacon of
Montgomery

Today's Readings

Joshua 24. 1-2a, 14-18

Choose this day whom you will serve: the Lord who has chosen you or the gods of other people.

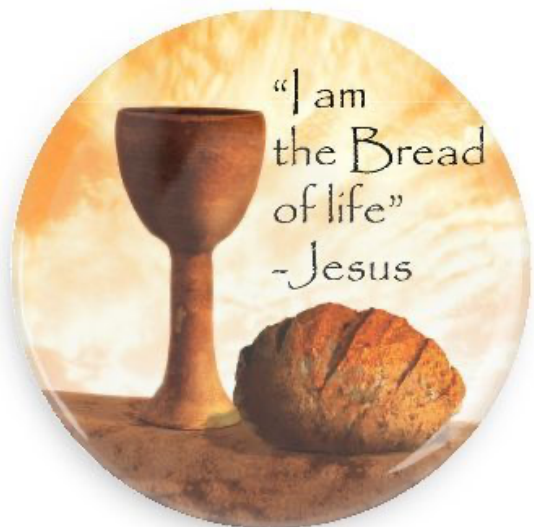
Psalm 34. 15-22

Ephesians 6. 10-20

Be strong in the Lord and avail yourself of the gifts he has given. Take on the whole armour of God and you will stand firm.

John 6. 56-69

Jesus makes startling claims about himself that are hard to hear, yet there is abundant life for those who are not offended and abide in him.



Contact:

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Parish Church Website:

www.stasaphparishchurch.org.uk