



The Sunday Sheet *for* The 17th Sunday after Trinity 22nd September 2024

*A very warm welcome as we gather for the **Parish Eucharist**.
An induction loop is provided.*

Gluten free wafers are available for those who need them. Please inform one of the stewards/sidespersons who will pass the information on to the clergy. Many thanks

Entrance Hymn

All hail the power of Jesu's name!
let angels prostrate fall;
bring forth the royal diadem
and crown him Lord of all.

Crown him, ye martyrs of your God,
who from his altar call;
praise him whose way of pain ye trod,
and crown him Lord of all.

Ye seed of Israel's chosen race,
ye ransomed of the fall,
hail him who saves you by his grace,
and crown him Lord of all.

Let every tribe and every tongue
to him their hearts enthrall,
lift high the universal song,
and crown him Lord of all.

*Edward Perronet 1726-1792
Tune: Miles Lane*

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
And keep you in the love of Christ.

The Priest gives an introduction to the Eucharist and calls the people to penitence.

Silence is kept

Lord Jesus, you have shown us the way to the Father.
Lord, have mercy: **Lord, have mercy.**

Lord Jesus, you have given us knowledge of your truth.
Christ, have mercy: **Christ, have mercy.**

Lord Jesus, you are the good shepherd leading us into life.
Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,
✠ forgive you and set you free from sin,
and keep you in eternal life. **Amen.**

Gloria in Excelsis

Glory in the highest to the God of heaven!
Peace to all your people through the earth be given:
Mighty God and Father, thanks and praise we bring,
Singing alleluias to our heavenly King.

Jesus Christ is risen, God the Father's Son:
With the Holy Spirit, you are Lord alone!
Lamb once killed for sinners, all our guilt to bear,
Show us now your mercy, now receive our prayer.

Christ the world's true Saviour, high and holy one,
Seated now and reigning from your Father's throne:
Lord and God, we praise you; highest heaven adores:
In the Father's glory, all the praise be yours!

Tune: Camberwell

The Collect

Almighty God,
you have made us for yourself,
and our hearts are restless till they find their rest in you:
pour your love into our hearts and draw us to yourself,
and so bring us at last to your heavenly city
where we shall see you face to face;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

James 3. 13 – 4.3, 7-8a

A reading from the letter of James.

Who is wise and understanding among you? Show by your good life that your works are done with gentleness born of wisdom. But if you have bitter envy and selfish ambition in your hearts, do not be boastful and false to the truth. Such wisdom does not come down from above, but is earthly, unspiritual, devilish. For where there is envy and selfish ambition, there will also be disorder and wickedness of every kind. But the wisdom from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without a trace of partiality or hypocrisy. And a harvest of righteousness is sown in peace for those who make peace.

Those conflicts and disputes among you, where do they come from? Do they not come from your cravings that are at war within you? You want something and do not have it; so you commit murder. And you covet something and cannot obtain it; so you engage in disputes and conflicts. You do not have, because you do not ask. You ask and do not receive, because you ask wrongly, in order to spend what you get on your pleasures.

Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and he will draw near to you.

For the word of the Lord:

Thanks be to God.

The Gospel

Please Stand

O thou who camest from above
the fire celestial to impart,
kindle a flame of sacred love
on the mean altar of my heart.

There let it for thy glory burn
with inextinguishable blaze,
and trembling to its source return
in humble prayer and fervent praise.

Jesus, confirm my heart's desire
to work and speak and think for thee;
still let me guard the holy fire
and still stir up the gift in me.

Still let me prove thy perfect will,
my acts of faith and love repeat,
till death thy endless mercies seal,
and make the sacrifice complete.

Charles Wesley 1707-1788
Tune: Hereford

Mark 9. 30-37

Listen to the Gospel of Christ according to Saint Mark.
Glory to you, O Lord.

After leaving the mountains Jesus and his disciples went on from there and passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, 'The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again.' But they did not understand what he was saying and were afraid to ask him.

Then they came to Capernaum; and when he was in the house he asked them, 'What were you arguing about on the way?' But they were silent, for on the way they had argued with one another about who was the greatest. He sat down, called the twelve, and said to them, 'Whoever wants to be first must be last of all and servant of all.' Then he took a little child and put it among them; and taking it in his arms, he said to them, 'Whoever welcomes one such child in my name welcomes me, and whoever welcomes me welcomes not me but the one who sent me.'

This is the Gospel of the Lord.
Praise to you, O Christ.

The Homily

Please Sit

An Affirmation of the Faith.

Please Stand

Let us declare our faith in God.

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God:
Father, Son, and Holy Spirit. Amen.
The Intercession**

Please Sit

Appropriate responses may be used, for example

Lord, in your mercy:
hear our prayer.

Lord, hear us:
Lord, graciously hear us.

The Intercession ends with a suitable collect said by the priest, or the following

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Please Stand

Draw near to God and he will draw near to you and we will experience his peace.

The peace of the Lord be with you always.
And also with you.

Let us offer one another a sign of the Lord's peace.

Offertory Hymn

Brother, sister, let me serve you,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant, too.

We are pilgrims on a journey,
fellow trav'lers on the road;
we are here to help each other
walk the mile and bear the load.

I will hold the Christlight for you
in the night-time of your fear;
I will hold my hand out to you,
speak the peace you long to hear.

I will weep when you are weeping;
when you laugh, I'll laugh with you.
I will share your joy and sorrow
till we've seen this journey through.

When we sing to God in heaven,
we shall find such harmony,
born of all we've known together
of Christ's love and agony.

Brother, sister, let me serve you,
let me be as Christ to you;
pray that I may have the grace to
let you be my servant, too.

Richard A. M. Gillard b.1953
Tune: Servant Song

The Thanksgiving

We celebrate together the gifts and grace of God.
We take this bread,
we take this wine
to follow Christ's example
and obey his command.

Prayer over the Gifts

Lord, help us to see what is eternally good and true
and having seen to go on searching
until we come to the joys of heaven;
through Jesus Christ our Lord. **Amen.**

The Eucharistic Prayer

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

True and living God, the source of life for all creation,
you have made us in your own image.
Always and everywhere we give you thanks
through Jesus Christ our Lord.

In your love for us
and in the fullness of time
you sent your Son to be the Saviour;
the Word was made flesh,
he lived among us and we have seen his glory.
For our sins and the sins of all the world
he suffered death on the cross.
You raised him to life in triumph
and exalted him in glory.
Through him you send your Holy Spirit upon your Church
and make us your people.

Therefore, with angels and archangels
and with all the company of heaven
we praise your glorious name:

Holy, holy, holy, holy,
Holy, holy, Lord God Almighty.
And we lift our hearts before you
as a token of our love.
Holy, holy, holy, holy.

**Gracious Father, gracious Father,
Blessed is the one who comes to us
in your name.
And we lift our hearts before you
as we give you thanks and praise.
Hosanna in the highest.**

Hear us, most merciful Father,
and send your Holy Spirit on
this bread and wine,
that, overshadowed by his life-giving power,
they may be for us the body and blood of your Son,
our Lord Jesus Christ;
because on the night he was betrayed
he took bread,
and when he had given you thanks,
he broke it, gave it to his disciples and said,

Take, eat; this is my body
which is given for you:
do this in remembrance of me.

In the same way, after supper he took the cup;
when he had given you thanks
he gave it to them and said,
Drink this, all of you;
this cup is the new covenant in my blood
poured out for you and for many
for the forgiveness of sins:
do this as often as you drink it
in remembrance of me.

Let us proclaim the mystery of faith:
**Christ has died.
Christ is risen.
Christ will come in glory.**

Therefore, loving God,
recalling now the sacrifice of Christ your Son
once for all upon the cross
and the triumph of his resurrection,
we ask you to accept this our sacrifice of praise.

Send your Holy Spirit on us
that we may be filled with your life and goodness
and renewed for the service of your Kingdom
Unite us in Christ and give us your peace
that we may do your work and be his body in the world.

Through him, with him, in him,
in the unity of the Holy Spirit
all honour and glory are yours, almighty Father,
for ever and ever. **Amen.**

Silence is kept

Please Sit

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The Communion

The priest breaks the bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body
for we all share in one bread.**

Jesus, Lamb of God: have mercy on us.

Jesus, bearer of our sins: have mercy on us.

Jesus, redeemer of the world: give us your peace.

The Invitation to Holy Communion

Jesus is the Lamb of God

who takes away the sins of the world.

Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.

If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.

Hymn at the end of Communion

Author of life divine

who hast a table spread,

furnished with mystic wine

and everlasting bread,

preserve the life thyself hast given,

and feed and train us up for heaven,

and feed and train us up for heaven.

Our needy souls sustain
with fresh supplies of love,
till all thy life we gain,
and all thy fullness prove,
and, strengthened by thy perfect grace,
behold without a veil thy face,
behold without a veil thy face.

Charles Wesley 1707-1788
Tune: Rhosymedre

Silence is kept

The Sending Out

Please Stand

Post Communion Prayer

Give thanks to the Lord for he is gracious:
his love is everlasting.

Lord, we pray that your grace
may always precede and follow us,
and make us continually to be given to all good works;
through Jesus Christ our Lord. **Amen.**

The Blessing

The Lord be with you
And also with you.

The love of the Lord Jesus draw you to himself; the power of the Lord Jesus strengthen you in his service; the joy of the Lord Jesus fill your hearts. And the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Final Hymn

Son of God, eternal Saviour,
source of life and truth and grace,
Son of Man, whose birth incarnate
hallows all our human race,
thou, our Head, who, throned in glory,
for thine own dost ever plead,
fill us with thy love and pity;
heal our wrongs, and help our need.

Come, O Christ, and reign among us,
King of love, and Prince of peace;
hush the storm of strife and passion,
bid its cruel discords cease;
by thy patient years of toiling,
by thy silent hours of pain,
quench our fevered thirst of pleasure,
shame our selfish greed of gain.

Son of God, eternal Saviour,
source of life and truth and grace,
Son of Man, whose birth incarnate
hallows all our human race,
thou who prayedst, thou who willest,
that thy people should be one,
grant, O grant our hope's fruition:
here on earth thy will be done.

Somerset Corry Lowry 1855-1932
Tune: Everton

CCL No: 961722

Notices

Refreshments. Please do join us for refreshments after the service if you can.

Praying for Growth. Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,
Who alone brings growth to your
Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord. Amen.*

The Community Fridge takes place every Sunday from 4-5pm at the Parish Church.

Sunday Sheet. Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

Pilgrimage. The 2025 pilgrimage to Walsingham will take place from 11th to 15th August 2025. If you are interested in joining the pilgrims please speak to Fr Rex.

Choir Tour. The Cathedral Choir have been given the amazing opportunity of singing in Finland on a choir tour in May next year. We are raising money to make sure this can happen. For more details, and to donate online, please see the following

link: <https://gofund.me/560aa0db>

If you would like to donate in cash or by cheque, please clearly mark your donations 'Choir Finland' and hand to a member of the cathedral team or pop it in the collection plate or donation box in the cathedral. If you are able to, please share the Go Fund Me page – from the page on the link above, click 'Share' and you can share on social media or copy the link to send to friends and family. Thank you.

Events at St Mary's Cefn

Saturday 28th September 7pm

Trelawnyd Male Voice Choir Concert

Sunday 29th Sept. 6pm Choral Evensong sung by Cantamus Choir

Harvest Festival is **on Sunday**

6th October at 3.30pm and is a joint service with Capel Cefn Meiriadog. Followed by tea in the Neuadd Owen.

Churchyard work party on Saturday, 28th September at 9:30-11:30. Refreshments provided and all help appreciated.

Kentigern Guild. Wednesday 2nd October at 2.30pm at the Parish Church. Lucille Brain will give a talk entitled 'A Menagerie of Sounds' on historical instruments.

Confirmation. We are planning to start Confirmation preparation during the Autumn. If anyone would like to be confirmed or needs some more information, please speak to Fr. Rex.

Harvest takes place on Sunday 13th October at 9.30am. This will be an invitation service. Please do take some invitation cards and invite people along.

The Week Ahead

23rd Monday – Feria

9am Morning Prayer

9.30am Holy Eucharist

5pm Evening Prayer

24th Tuesday – Sergei of Radonezh

9am Morning Prayer

5pm Evening Prayer

6pm Holy Eucharist

7pm Pilgrim *at the Parish Church*

25th Wednesday – Ember Day

9am Morning Prayer

10.30am Holy Eucharist

6.15pm Sung Evening Prayer

26th Thursday – Lancelot Andrewes

9am Morning Prayer

10am Holy Eucharist *at the Parish*

Church

10.45am Prayer Group *at the Parish*

Church

12noon Food4Thought *at the Parish*

Church

5pm Evening Prayer

27th Friday – Ember Day

9am Morning Prayer

9.30am Offeren (*Welsh Eucharist*)

6pm Choral Evensong

28th Saturday – Ember Day

9am Morning Prayer

5pm Evening Prayer

29th Sunday – Michael & all Angels

9.30am Parish Eucharist

11am Cathedral Eucharist

3.30pm Choral Evensong

Contact:

Parish Church: 01745 535957

Fr Rex: 07393 639813

Parish Church Website:

www.stasaphparishchurch.org.uk

Today's Readings

Jeremiah 11. 18-20

The prophet thanks God for showing him the evil deeds of wicked people and prays for God's retribution upon them as a reward for his own faithfulness.

Psalms 54

James 3. 13 – 4. 3, 7-8a

The writer encourages Christians to lead a good life, free from self-seeking and the temptation to become involved in disputes. 'Draw near to God and he will draw near to you'.

Mark 9. 30-37

Jesus seeks respite in order to teach his disciples. They are taken up with their own concerns and do not respond. He takes child in his arms to demonstrate the qualities the disciples need.

