



## The Sunday Sheet *for* The 4<sup>th</sup> Sunday before Lent Sunday 9<sup>th</sup> February 2025

*A very warm welcome as we gather for the **Parish Eucharist**.  
An induction loop is provided.*

***Gluten free wafers are available*** for those who need them. Please inform one of the  
welcomers who will pass the information on to the clergy. Many thanks

### Entrance Hymn

Christ is the King! O friends rejoice;  
brothers and sisters with one voice  
make all men know he is your choice. Alleluia!

O magnify the Lord, and raise  
anthems of joy and holy praise  
for Christ's brave saints of ancient days. Alleluia!

They with a faith for ever new  
followed the King, and round him drew  
thousands of faithful hearts and true. Alleluia!

O Christian women, Christian men,  
all the world over, seek again  
the Way disciples followed then. Alleluia!

Christ through all ages is the same;  
place the same hope in his great name,  
with the same faith his word proclaim. Alleluia!

Let Love's unconquerable might  
your scattered companies unite  
in service to the Lord of light. Alleluia!

So shall God's will on earth be done,  
new lamps be lit, new tasks begun,  
and the whole Church at last be one. Alleluia!

*George Kennedy Allen Bell 1883-1958*  
*Tune: Vulpius (Gelobt Sei Gott)*

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you  
**And keep you in the love of Christ.**

*The Priest gives an introduction to the Eucharist and calls the people to penitence.*

*Silence is kept*

Lord, you speak to us in your love.  
Lord, have mercy: **Lord, have mercy.**

Lord Jesus Christ, you call us to follow you and serve you.  
Christ, have mercy: **Christ, have mercy.**

Lord, you give us strength in the Bread of Life.  
Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,  
✠ forgive you and set you free from sin,  
and keep you in eternal life. **Amen.**

## **Gloria in Excelsis**

Glory to God, we give you thanks and praise;  
of heav'nly joy and earthly peace we sing.  
We worship you, to you our hearts we raise,  
Lord God, almighty Father, heav'nly King.

Lord Jesus Christ, the Father's only Son,  
you bore for us the load of this world's sin.  
O Lamb of God, your glorious vict'ry won,  
receive our pray'r, grant us your peace within.

Alone, O Christ, you only are the Lord,  
at God's right hand in majesty most high:  
who with the Spirit worshipped and adored:  
with all the heav'nly host we glorify.

*Tune: Woodlands*

## **The Collect**

O God,  
you know us to be set  
in the midst of so many and great dangers,  
that by reason of the frailty of our nature  
we cannot always stand upright:  
grant to us such strength and protection  
as may support us in all dangers  
and carry us through all temptations;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

*Please Sit*

## **Isaiah 6. 1-8**

A reading from the book of the prophet Isaiah.

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty;  
and the hem of his robe filled the temple. Seraphs were in attendance above him; each  
had six wings: with two they covered their faces, and with two they covered their feet,  
and with two they flew. And one called to another and said:

'Holy, holy, holy is the Lord of hosts;  
the whole earth is full of his glory.'

The pivots on the thresholds shook at the voices of those who called, and the house  
filled with smoke. And I said: 'Woe is me! I am lost, for I am a man of unclean lips,  
and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of  
hosts!'

Then one of the seraphs flew to me, holding a live coal that had been taken from the  
altar with a pair of tongs. The seraph touched my mouth with it and said: 'Now that  
this has touched your lips, your guilt has departed and your sin is blotted out.' Then I  
heard the voice of the Lord saying, 'Whom shall I send, and who will go for us?' And I  
said, 'Here am I; send me!'

For the word of the Lord:

**Thanks be to God.**

## The Gospel

*Please Stand*

Dear Lord and Father of mankind,  
forgive our foolish ways;  
re-clothe us in our rightful mind,  
in purer lives thy service find,  
in deeper reverence praise.

In simple trust like theirs who heard,  
beside the Syrian sea,  
the gracious calling of the Lord,  
let us, like them, without a word  
rise up and follow thee.

*John Greenleaf Whittier 1807-1892*

*Tune: Repton*

### **Luke 5. 1-11**

Listen to the Gospel of Christ according to Saint Luke.

**Glory to you, O Lord.**

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, 'Put out into the deep water and let down your nets for a catch.' Simon answered, 'Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets.' When they had done this, they caught so many fish that their nets were beginning to break. So they signalled to their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, 'Go away from me, Lord, for I am a sinful man!' For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, 'Do not be afraid; from now on you will be catching people.' When they had brought their boats to shore, they left everything and followed him.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## The Homily

*Please Sit*

## **An Affirmation of the Faith.**

*Please Stand*

Let us declare our faith in God.

**We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.**

**We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.**

**We believe in one God;  
Father, Son and Holy Spirit. Amen.**

## **The Intercession**

*Please Sit*

*Appropriate responses may be used, for example*

Lord, in your mercy:  
**hear our prayer.**

Lord, hear us:  
**Lord, graciously hear us.**

*The Intercession ends with a suitable collect said by the priest, or the following*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## **The Peace**

*Please Stand*

The Lord Jesus calls us to follow him: in an obedient response we find our peace.

The peace of the Lord be with you always.  
**And also with you.**

Let us offer one another a sign of the Lord's peace.

## Offertory Hymn

Jesus, where'er Thy people meet,  
There they behold Thy mercy-seat;  
Where'er they seek Thee, Thou art found,  
and every place is hallowed ground.

For Thou, within no walls confined,  
Inhabitest the humble mind;  
Such ever bring Thee where they come,  
And, going, take Thee to their home.

Dear Shepherd of Thy chosen few,  
Thy former mercies here renew;  
Here, to our waiting hearts proclaim  
The sweetness of Thy saving Name.

Here may we prove the power of prayer  
To strengthen faith and sweeten care;  
To teach our faint desires to rise,  
And bring all heaven before our eyes.

Lord, we are few, but Thou art near;  
Nor short Thine arm, nor deaf Thine ear;  
O rend the heavens, come quickly down,  
And make a thousand hearts Thine own.

*William Cowper 1731-1800*  
*Tune: Wareham*

## The Thanksgiving

We celebrate together the gifts and grace of God.  
**We take this bread,**  
**we take this wine**  
**to follow Christ's example**  
**and obey his command.**

## Prayer over the Gifts

Christ our great high priest,  
you understand our weakness;  
you pray for us while we are sinners;  
help us to find a new and living way to God,  
through you, who are alive and reign,  
now and for ever. **Amen.**

## **The Eucharistic Prayer**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

It is indeed right, it is our duty and our joy  
at all times and in all places to give you thanks, holy Father,  
all-powerful and everliving God,  
through Jesus Christ our Lord.

For he is our great high priest  
who has freed us from our sins  
and has made us a royal priesthood  
serving you, our God and Father.

And so with the hosts of angels and all the company of heaven  
we proclaim the glory of your name  
and join in their unending hymn of praise:

**Holy, holy, holy, holy,  
Holy, holy, Lord God Almighty.  
And we lift our hearts before you  
as a token of our love.  
Holy, holy, holy, holy.**

**Gracious Father, gracious Father,  
Blessed is the one who comes to us  
in your name.**

**And we lift our hearts before you  
as we give you thanks and praise.  
Hosanna in the highest.**

All praise and thanks to you, true and living God,  
Creator of all things, Giver of life.  
You formed us in your own image;  
but we have marred that image and fall short of your glory.  
We give you thanks  
that you sent your Son to share our life;  
you gave him up to death that the world might be saved,  
and you raised him from the dead  
that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us,  
that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread,  
and when he had given thanks  
he broke it and gave it to his disciples, saying,

Take, eat; this is my body which is given for you:  
do this in remembrance of me.

In the same way after supper he took the cup,  
and when he had given thanks  
he gave it to them, saying,

Drink from this, all of you,  
for this is my blood of the new covenant  
which is shed for you and for many  
for the forgiveness of sins:  
do this as often as you drink it  
in remembrance of me.

Let us proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come in glory.**



As he has commanded us, Father,  
we remember Jesus Christ, your Son.  
Proclaiming his victorious death,  
rejoicing in his resurrection  
and waiting for him to come in glory  
we bring to you this bread, this cup.

Accept our sacrifice of thanks and praise.  
Restore and revive your people,  
renew us and all for whom we pray  
with your grace and heavenly blessing,  
and at the last receive us with all your saints  
into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him,  
in the unity of the Holy Spirit  
all honour and glory are yours, almighty Father,  
for ever and ever. **Amen.**

*Silence is kept*

*Please Sit*

Let us pray with confidence to the Father:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread,  
forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial  
and deliver us from evil.**

**For the kingdom, the power  
and the glory are yours,  
now and for ever. Amen.**

## The Communion

*The priest breaks the bread*

We break this bread to share in the body of Christ.

**Though we are many, we are one body  
for we all share in one bread.**

*We sing*

**Jesus, Lamb of God: have mercy on us.**

**Jesus, bearer of our sins: have mercy on us.**

**Jesus, redeemer of the world: give us your peace.**

## The Invitation to Holy Communion

Jesus is the Lamb of God

who takes away the sins of the world.

Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*The sacrament is administered with these words:*

The body of Christ. **Amen.**      The blood of Christ. **Amen.**

*All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.*

*If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.*

## Hymn at the end of Communion

Be still, my soul, the Lord is on your side;

bear patiently the cross of grief and pain;

leave to your God to order and provide;

in every change the faithful will remain.

Be still, my soul: your best, your heavenly friend

through thorny ways leads to a joyful end.

*Katharina Amalia Dorothea von Schlegel 1697-1768*

*Tune: FinalIndia*

*Silence is kept*

### Post Communion Prayer

Give thanks to the Lord for he is gracious:  
**his love is everlasting.**

Go before us, Lord, in all we do  
with your most gracious favour,  
and guide us with your continual help,  
that in all our works  
begun, continued and ended in you,  
we may glorify your holy name,  
and finally by your mercy receive everlasting life;  
through Jesus Christ our Lord. **Amen.**

### The Blessing

The Lord be with you  
**And also with you.**

God who calls you to his service make you faithful to your calling.  
And the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be  
among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

### Final Hymn

Lord, the light of your love is shining,  
in the midst of the darkness, shining;  
Jesus, Light of the World, shine upon us,  
set us free by the truth you now bring us.  
Shine on me, shine on me.

*Shine, Jesus, shine, fill this land with the Father's glory;  
blaze, Spirit, blaze, set our hearts on fire.  
Flow, river, flow, flood the nations with grace and mercy;  
send forth your word, Lord, and let there be light.*

Lord, I come to your awesome presence,  
from the shadows into your radiance;  
by the blood I may enter your brightness,  
search me, try me, consume all my darkness.  
Shine on me, shine on me.

As we gaze on your kingly brightness,  
so our faces display your likeness,  
ever changing from glory to glory;  
mirrored here may our lives tell your story.  
Shine on me, shine on me.

*Graham Kendrick b.1950*  
*Tune: Shine, Jesus, shine*

*CCL No: 961722*

## Notices

**Refreshments.** Please do join us for refreshments after the service if you can.

**Praying for Growth.** Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,  
Who alone brings growth to your  
Church,  
Send your Holy Spirit to give  
Vision to our planning,  
Wisdom to our actions,  
Joy to our worship,  
And power to our witness.  
Help our church to grow in numbers,  
In spiritual commitment to you,  
And in service to our local community,  
Through Jesus Christ our Lord. Amen.*

**The Community Fridge** takes place every Sunday from 4-5pm at the Parish Church.

**Sunday Sheet.** Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

**Confirmation.** Congratulations to Scott, Jacob, Esme, Mary-Elyse and Layla who were confirmed at the Cathedral last Sunday. Please continue to pray for them as they continue their journey of faith.

**Welcome.** Please pray for Josh as he prepares to live and work among us as Canon Pastor of the Cathedral. Pray too for his wife Ashleigh as she prepare for ministry in the Diocese and for their daughter Abbie. We look forward to

welcoming them into our midst.

**Lent 2025.** To aid us in our Lent devotions there is a book available in church, Living Hope, with daily readings and reflections. Please take a copy.

## The Week Ahead

### 10<sup>th</sup> Monday – Feria

9am Morning Prayer  
9.30am Holy Eucharist  
5pm Evening Prayer

### 11<sup>th</sup> Tuesday – Feria

9am Morning Prayer  
12noon Funeral *at the Cathedral*  
5pm Evening Prayer  
6pm Holy Eucharist

### 12<sup>th</sup> Wednesday – Feria

9am Morning Prayer  
9.30am Schools Service *at the Parish Church*  
10.30am Holy Eucharist  
6.15pm Sung Evening Prayer

### 13<sup>th</sup> Thursday – Feria

9am Morning Prayer  
10am Holy Eucharist *at the Parish Church*  
10.45am Prayer Group *at the Parish Church*  
12noon Food4Thought Lunch *at the Parish Church*  
5pm Evening Prayer

### 14<sup>th</sup> Friday – Cyril & Methodius

9am Morning Prayer  
9.30am Offeren (Welsh Eucharist)  
6pm Choral Evensong

## **15<sup>th</sup> Saturday – Feria**

9am Morning Prayer

5pm Evening Prayer

## **16<sup>th</sup> Sunday – The 3<sup>rd</sup> Sunday before Lent**

9.30am The Parish Eucharist

11am The Cathedral Eucharist

3.30pm Choral Evensong

### **Today's Readings**

#### **Isaiah 6. 1-8**

God, from his throne of glory, calls for an ambassador. 'Whom shall I send and who will go for us?' Isaiah, though dwarfed by the majesty of God and conscious of his own shortcomings, offers his services.

#### **Psalm 138**

#### **1 Corinthians 15 . 1-11**

Paul, only too aware of his former fierce opposition to the teaching of Jesus, pays tribute to the grace of God by which he has been enabled to become an apostle.

#### **Luke 5. 1-11**

Luke tells how Jesus finds some fishermen, challenges them to do what he tells them and then calls them to follow him. 'They left everything and followed Jesus.'

### Contact:

Parish Church: 01745 535957

Fr Rex: 07393 639813

### Parish Church Website:

[www.stasaphparishchurch.org.uk](http://www.stasaphparishchurch.org.uk)