



The Sunday Sheet *for* The 2nd Sunday of Lent Sunday 16th March 2025

*A very warm welcome as we gather for the All-Age Eucharist.
An induction loop is provided.*

Gluten free wafers are available for those who need them. Please inform one of the
welcomers who will pass the information on to the clergy. Many thanks

Entrance Hymn

Longing for light, we wait in darkness.
Longing for truth, we turn to you.
Make us your own, your holy people,
light for the world to see.

Christ be our light!
Shine in our hearts.
Shine through the darkness.
Christ be our light!
Shine in your church gathered today.

Longing for peace, our world is troubled.
Longing for hope, many despair.
Your word alone has pow'r to save us.
Make us your living voice.

Longing for food, many are hungry.
Longing for water, many still thirst.
Make us your bread, broken for others,
shared until all are fed.

Longing for shelter, many are homeless.
Longing for warmth, many are cold.
Make us your building, sheltering others,
walls made of living stones.

Many the gifts, many the people,
many the hearts that yearn to belong.
Let us be servants to one another,
Making your kingdom come.

Christ be our light!
Shine in our hearts.
Shine through the darkness.
Christ be our light!
Shine in your church gathered today.

Bernadette Farrell b. 1957

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
And keep you in the love of Christ.

The Priest gives an introduction to the Eucharist and calls the people to penitence.

Silence is kept

When we stumble.
Lord, have mercy: **Lord, have mercy.**

When we fall.
Christ, have mercy: **Christ, have mercy.**

When we hold out our hand in faith.
Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,
✠ forgive you and set you free from sin,
and keep you in eternal life. **Amen.**

The Collect

Let us pray:

Almighty God,
by the prayer and discipline of Lent
may we enter into the mystery of Christ's sufferings,
and by following in his Way
come to share in his glory;
through Jesus Christ our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Please Sit

Philippians 3. 17 – 4. 1

A reading from the letter of Paul to the Philippians.

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our citizenship is in heaven, and it is from there that we are expecting a Saviour, the Lord Jesus Christ. He will transform the body of our humiliation so that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

For the word of the Lord
Thanks be to God.

The Gospel

Please Stand

Praise to you, O Christ, our Saviour,
Word of the Father, calling us to life;
Son of God who leads us to freedom:
glory to you, Lord Jesus Christ!

You are the Word who calls us out of darkness;
you are the Word who leads into light;
you are the Word who brings us through the desert:
glory to you, Lord Jesus Christ.

Praise to you, O Christ, our Saviour,
Word of the Father, calling us to life;
Son of God who leads us to freedom:
glory to you, Lord Jesus Christ!

Bernadette Farrell b.1957

Listen to the Gospel of Christ according to Saint Luke.

Glory to you, O Lord.

At that very hour some Pharisees came and said to Jesus, 'Get away from here, for Herod wants to kill you.' He said to them, 'Go and tell that fox for me, "Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed away from Jerusalem." Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, "Blessed is the one who comes in the name of the Lord." '

This is the Gospel of the Lord.

Praise to you, O Christ.

The Homily

Please Sit

An Affirmation of the Faith.

Please Stand

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,**

and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen

The Intercession

Please Sit

Appropriate responses may be used, for example

Lord, in your mercy:
hear our prayer.

Lord, hear us:
Lord, graciously hear us.

The Intercession ends with a suitable collect said by the priest, or the following

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Please Stand

Peace be in this place, and peace be among us as we share it with one another.

The peace of the Lord be with you always.

And also with you.

Let us offer one another a sign of the Lord's peace.

Offertory Hymn

O God, you search me and you know me.
All my thoughts lie open to your gaze.
When I walk or lie down you are before me:
ever the maker and keeper of my days.

You know my resting and my rising.
You discern my purpose from afar.
And with love everlasting you besiege me:
ever the maker and keeper of my days.

Before a word is on my tongue, Lord,
you have known its meaning through and through.
You are with me beyond my understanding:
God of my present, my past and future too.

Although your Spirit is upon me,
still I search for shelter from your light.
There is nowhere on earth I can escape you:
even the darkness is radiant in your sight.

For you created me and shaped me,
gave me life within my mother's womb.
For the wonder of who I am I praise you:
safe in your hands, all creation is made new.

*Bernadette Farrell b.1957
based on Psalm 139*

The Thanksgiving

We celebrate together the gifts and grace of God.

**We take this bread,
we take this wine
to follow Christ's example
and obey his command.**

Prayer over the Gifts

Grant, O Lord,
that as we lift up these earthly gifts
in the name of your Son Jesus Christ,
so we may share in the heavenly banquet of his eternal life,
who is alive and reigns,
now and for ever. **Amen.**

The Eucharistic Prayer

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is indeed right, it is our duty and our joy
at all times and in all places to give you thanks, holy Father,
all-powerful and everliving God,
through Jesus Christ our Lord.

Who was tempted in every way, yet did not sin.
By his grace we are able to triumph over every evil
and to live no longer for ourselves alone
but for him who died for us and rose again.

And so with the hosts of angels and all the company of heaven
we proclaim the glory of your name
and join in their unending hymn of praise:

**Holy, holy, holy, holy,
Holy, holy, Lord God Almighty.
And we lift our hearts before you
as a token of our love.
Holy, holy, holy, holy.**

**Gracious Father, gracious Father,
Blessed is the one who comes to us
in your name.
And we lift our hearts before you
as we give you thanks and praise.
Hosanna in the highest.**

All praise and thanks to you, true and living God,
Creator of all things, Giver of life.
You formed us in your own image;
but we have marred that image and fall short of your glory.
We give you thanks
that you sent your Son to share our life;
you gave him up to death that the world might be saved,
and you raised him from the dead
that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us,
that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread,
and when he had given thanks
he broke it and gave it to his disciples, saying,

Take, eat; this is my body which is given for you:
do this in remembrance of me.

In the same way after supper he took the cup,
and when he had given thanks
he gave it to them, saying,

Drink from this, all of you,
for this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins:
do this as often as you drink it
in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come in glory.

As he has commanded us, Father,
we remember Jesus Christ, your Son.
Proclaiming his victorious death,
rejoicing in his resurrection
and waiting for him to come in glory
we bring to you this bread, this cup.

Accept our sacrifice of thanks and praise.
Restore and revive your people,
renew us and all for whom we pray
with your grace and heavenly blessing,
and at the last receive us with all your saints
into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him,
in the unity of the Holy Spirit
all honour and glory are yours, almighty Father,
for ever and ever. **Amen.**

Silence is kept

Please Sit

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The Communion

The priest breaks the bread

Every time we eat this bread and drink of this cup
we proclaim the Lord's death until he comes.

We sing

Jesus, Lamb of God: have mercy on us.

Jesus, bearer of our sins: have mercy on us.

Jesus, redeemer of the world: give us your peace.

The Invitation to Holy Communion

Jesus is the Lamb of God

who takes away the sins of the world.

Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.

If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.

Hymn at the end of Communion

Bless the Lord, my soul,
and bless God's holy name.

Bless the Lord, my soul,
who leads me into life. *Sing through 3 times*

Taize Community

Silence is kept

The Sending Out

Please Stand

Post Communion Prayer

Give thanks to the Lord for he is gracious:
his love is everlasting.

Creator of heaven and earth,
we thank you for these holy mysteries
given us by our Lord Jesus Christ,
by which we receive your grace and are assured of your love,
now and for ever. **Amen.**

The Blessing

The Lord be with you
And also with you.

May you take courage and inspiration from others; may you, in turn, encourage and inspire others; may the Holy Spirit bless and strengthen you. And the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Final Hymn

Blessed assurance, Jesus is mine:
O what a foretaste of glory divine!
Heir of salvation, purchase of God;
born of his Spirit, washed in his blood.

*This is my story, this is my song,
praising my Saviour all the day long.
This is my story, this is my song,
praising my Saviour all the day long.*

Perfect submission, perfect delight,
visions of rapture burst on my sight;
angels descending, bring from above
echoes of mercy, whispers of love.

Perfect submission, all is at rest,
I in my Saviour am happy and blest;
watching and waiting, looking above,
filled with his goodness, lost in his love.

Fanny Crosby 1820-1915
Tune: Blessed Assurance

CCL No: 961722

Notices

Refreshments. Please do join us for refreshments after the service if you can.

Praying for Growth. Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,
Who alone brings growth to your
Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord. Amen.*

The Community Fridge takes place every Sunday from 4-5pm at the Parish Church.

Sunday Sheet. Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

The Cathedral Heritage Garden Group are looking to recruit volunteers to help maintain and nurture the garden. We meet on a Wednesday at 10am. No experience necessary- just enthusiasm and decent gardening gloves. We hope to see you soon.

Mothers' Union. There will NOT be a meeting on 19th March. However the MU Diocesan Festival will take place at the Cathedral at 2pm on Tuesday 25th March.

Organ Recitals. The 2025 series gets under way on Wednesday 2nd April at 7.30pm. The recital will be given by Graham Eccles. Retiring collection. Details of the rest of the series to follow.

The Week Ahead

17th Monday – Patrick, Bishop

9am Morning Prayer
9.30am Holy Eucharist
5pm Evening Prayer

18th Tuesday – Cyril of Jerusalem

9am Morning Prayer
5pm Evening Prayer
6pm Holy Eucharist

19th Wednesday – Joseph of Nazareth

9am Morning Prayer
10.30am Holy Eucharist
6.15pm Sung Evening Prayer

20th Thursday – Cuthbert

9am Morning Prayer
10am Holy Eucharist *at the Parish Church*
10.45am Prayer Group *at the Parish Church*
12noon Food4Thought Lunch *at the Parish Church*
5pm Evening Prayer

21st Friday – Thomas Cranmer, Hugh Latimer, Nicholas Ridley & Robert Ferrar

9am Morning Prayer
9.30am Offeren (Welsh Eucharist)
6pm Choral Evensong

22nd Saturday – Lent Weekday

9am Morning Prayer
5pm Evening Prayer

23rd Sunday – Lent 3

9.30am The Parish Eucharist

11am The Cathedral Eucharist

3.30pm Choral Evensong

Contact:

Parish Church: 01745 535957

Fr Rex: 07393 639813

Parish Church Website:

www.stasaphparishchurch.org.uk

Today's Readings

Genesis 15. 1-13, 17-18

Abram has a vision in which God promises that he shall not be childless but will have many descendants. Abram makes sacrifices to the Lord, and is told that his offspring will be oppressed for 400 years, but also that they will be given land.

Psalm 27

Philippians 3. 17 – 4. 1

Paul reminds his readers about the people who are enemies of the cross of Christ; their minds set on earthly things. By contrast, he writes, our citizenship is in heaven, from where we are expecting a Saviour. Christ's power is transformative, so stand firm in the Lord.

Luke 13. 31-35

When a group of Pharisees warn Jesus that Herod wants to kill him, Jesus send a defiant reply. Calling Herod a "fox", he insists that he will finish his work, because a prophet cannot be killed outside Jerusalem. Then he turns his attention to Jerusalem, "the city that kills the prophets".

