



The Sunday Sheet *for* Holy Cross Day Sunday 14th September 2025

*A very warm welcome as we gather for the **Parish Eucharist**
An induction loop is provided.*

Gluten free wafers are available for those who need them. Please inform one of the
welcomers who will pass the information on to the clergy. Many thanks

Entrance Hymn

*Lift high the cross, the love of Christ proclaim
till all the world adore his sacred name.*

Come, let us follow where our Captain trod,
our King victorious, Christ the Son of God:

Each new-born soldier of the Crucified
bears on his brow the seal of him who died:

O Lord, once lifted on the glorious tree,
as thou hast promised, darw us unto thee:

Let every race and every language tell
of him who saves our souls from death and hell:

*George Willian Kitchin 1827-1912
& Michael Robert Newbolt 1874-1956
Tune: Crucifer*

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you
and keep you in the love of Christ.

The Priest gives an introduction to the Eucharist and calls the people to penitence.

Lord Jesus, you were sent to heal the contrite.

Lord, have mercy: **Lord, have mercy.**

Lord Jesus, you came to call sinners.

Christ, have mercy: **Christ, have mercy.**

Lord Jesus you plead for us at the right hand of the Father.

Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,
forgive you and set you free from sin,
and keep you in eternal life. **Amen.**

Gloria in Excelsis

Glory in the highest to the God of heaven!

Peace to all your people through the earth be given:

Mighty God and Father, thanks and praise we bring,

Singing alleluias to our heavenly King.

Jesus Christ is risen, God the Father's Son:

With the Holy Spirit, you are Lord alone!

Lamb once killed for sinners, all our guilt to bear,

Show us now your mercy, now receive our prayer.

Christ the world's true Saviour, high and holy one,

Seated now and reigning from your Father's throne:

Lord and God, we praise you; highest heaven adores:

In the Father's glory, all the praise be yours!

Tune: Rachie

The Collect

Let us pray:

Almighty God,
who in the passion of your blessed Son
made an instrument of painful death
to be for us the means of life and peace:
grant us so to glory in the cross of Christ
that we may gladly suffer for his sake;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Please Sit

Philippians 2. 6-11

A reading from the letter of Paul to the Philippians.

Jesus, though he was in the form of God,
did not regard equality with God
as something to be exploited,
⁷ but emptied himself,
taking the form of a slave,
being born in human likeness.
And being found in human form,
⁸ he humbled himself
and became obedient to the point of death—
even death on a cross.
⁹ Therefore God also highly exalted him
and gave him the name
that is above every name,
¹⁰ so that at the name of Jesus
every knee should bend,
in heaven and on earth and under the earth,
¹¹ and every tongue should confess
that Jesus Christ is Lord,
to the glory of God the Father.

For the word of the Lord:
Thanks be to God.

The Gospel

Please Stand

*Alleluia, alleluia,
give thanks to the risen Lord.
Alleluia, alleluia,
give praise to his name.*

Spread the good news o'er all the earth:
Jesus has died and has risen.

*Alleluia, alleluia,
give thanks to the risen Lord.
Alleluia, alleluia,
give praise to his name.*

*Donald Fishel b.1950
Tune: Alleluia No. 1*

Listen to the Gospel of Christ according to Saint John.
Glory to you, O Lord.

Jesus said:

¹³ No one has ascended into heaven except the one who descended from heaven, the Son of Man. ¹⁴ And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵ that whoever believes in him may have eternal life. [\[b\]](#)

¹⁶ 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

¹⁷ 'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

This is the Gospel of the Lord:
Praise to you, O Christ

The Homily

Please Sit

The Affirmation of Faith

Please Stand

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Intercessions

Please Sit

Appropriate responses may be used, for example

Lord, in your mercy:

hear our prayer.

Lord, hear us:

Lord, graciously hear us.

The Intercession ends with a suitable collect said by the priest, or the following

Merciful Father,

accept these prayers

for the sake of your Son,

our Saviour Jesus Christ. Amen.

The Peace

Please Stand

Once we were far away from God, but now in union with Christ Jesus we have been brought near through the shedding of his blood.

The peace of the Lord be with you always.

And also with you.

Let us offer one another a sign of the Lord's peace.

Offertory Hymn

How deep the Father's love for us,
How vast beyond all measure!
That He should give His only Son,
To make a wretch His treasure.
How great the pain of searing loss!
The Father turns His face away;
As wounds which marred the Chosen One
Bring many souls to glory.

Behold the man upon a cross:
My sin upon His shoulders;
Ashamed I hear my mocking voice
Call out among the scoffers.
It was my sin that held Him there
Until it was accomplished;

His dying breath has brought me life:
I know that it is finished.

I will not boast in anything:
No gifts, no power, no wisdom;
But I will boast in Jesus Christ:
His death and resurrection.
Why should I gain from His reward?
I cannot give an answer;
But this I know with all my heart:
His wounds have paid my ransom.

Stuart Townend b.1963

The Thanksgiving

We celebrate together the gifts and grace of God.
We take this bread,
we take this wine
to follow Christ's example
and obey his command.

Prayer over the Gifts

Lord Jesus Christ,
you were lifted high upon the cross,
to draw the whole world to yourself:
draw us to you in this holy sacrament,
that through the mystery of your body and blood
we may know again the triumph of your cross;
who are alive and reign, now and for ever. **Amen.**

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

True and living God, the source of life for all creation,
you have made us in your own image.

Always and everywhere we give you thanks
through Jesus Christ our Lord.

Who, bearing the human likeness, humbled himself
and in obedience accepted death, even death on a cross.
He was lifted up from the earth
that he might draw all people to himself.

Therefore, with angels and archangels
and with all the company of heaven
we praise your glorious name:

**Holy, holy, holy, holy,
Holy, holy, Lord God Almighty.
And we lift our hearts before you
as a token of our love.
Holy, holy, holy, holy.**

**Gracious Father, gracious Father,
Blessed is the one who comes to us
in your name.
And we lift our hearts before you
as we give you thanks and praise.
Hosanna in the highest.**

Hear us, most merciful Father,
and send your Holy Spirit on this bread and wine,
that, overshadowed by his life-giving power,
they may be for us the body and blood of your Son,
our Lord Jesus Christ;
because on the night he was betrayed he took bread,
and when he had given you thanks,
he broke it, gave it to his disciples and said,

Take, eat; this is my body which is given for you:
do this in remembrance of me.

In the same way, after supper he took the cup;
when he had given you thanks he gave it to them and said,
Drink this, all of you;
this cup is the new covenant in my blood
poured out for you and for many
for the forgiveness of sins:
do this as often as you drink it
in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come in glory.

Therefore, loving God,
recalling now the sacrifice of Christ your Son
once for all upon the cross
and the triumph of his resurrection,
we ask you to accept this our sacrifice of praise.

Send your Holy Spirit on us
that we may be filled with your life and goodness
and renewed for the service of your Kingdom
Unite us in Christ and give us your peace
that we may do your work and be his body in the world.

Through him, with him, in him,
in the unity of the Holy Spirit
all honour and glory are yours, almighty Father,
for ever and ever. **Amen.**

Silence is kept

Please Sit

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The Communion

The priest breaks the bread
We break this bread to share in the body of Christ.
**Though we are many, we are one body
for we all share in one bread.**

We sing
**Jesus, Lamb of God: have mercy on us.
Jesus, bearer of our sins: have mercy on us.
Jesus, redeemer of the world: give us your peace.**

The Invitation to Holy Communion

Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.

If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.

Hymn at the end of Communion

Here is love, vast as the ocean,
loving kindness as the flood,
when the Prince of life, our ransom,
shed for us his precious blood.
Who his love will not remember?
Who can cease to sing his praise?
He can never be forgotten
throughout heaven's eternal days.

On the mount of crucifixion
fountains opened deep and wide;
through the floodgates of God's mercy
flowed a vast and gracious tide.
Grace and love, like mighty rivers,
poured incessant from above,
and heaven's peace and perfect justice
kissed a guilty world in love.

*William Rees 1802-1883
Tr. William Edwards 1848-1929
Tune: Dim ond Iesu*

Silence is kept

Post Communion Prayer

Give thanks to the Lord for he is gracious:
his love is everlasting.

Faithful God,
whose Son bore our sins in his body on the tree
and gave us this sacrament to show forth his death until he comes:
give us grace to glory in the cross of our Lord Jesus Christ,
for he is our salvation, our life and our hope,
who reigns as Lord, now and for ever. **Amen.**

The Blessing

The Lord be with you
And also with you.

Christ crucified draw you to himself, the sure ground of faith, the firm support for hope
and the assurance of sins forgiven. And the blessing of God almighty, ✠ the Father, the
Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Final Hymn

Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

O loving wisdom of our God!
when all was sin and shame,
a second Adam to the fight
and to the rescue came.

O wisest love! that flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail;

and that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.

O generous love! that he, who smote
in Man for man the foe,
the double agony in Man
for man should undergo;

and in the garden secretly,
and on the cross on high,
should teach his brethren, and inspire
to suffer and to die.

Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

John Henry Newman 1801-90
Tune: Gerontius

CCL No: 961722

Notices

Refreshments. Please do join us for refreshments after the service if you can.

Praying for Growth. Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,
Who alone brings growth to your
Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord. Amen.*

The Community Fridge takes place every Sunday from 4-5pm at the Parish Church.

Sunday Sheet. Please take this sheet home with you for the notices for the week and to pray for what is happening in the life of our Church.

Come and enjoy Coffee, Cake and Fellowship on Saturday 27th September at Rhandir Mwyn, Alt Goch, Trefnant LL17 0BW. 10.30-1.30. Funds to go entirely to provide new cassocks for the Cathedral Choir. Tickets £6.00 from June Hamilton or Angela Roberts. Mobile. 07554 958563.

Pilgrimage-Lite. The route is to follow the North Wales Pilgrim Way. The aim is to involve those in the Mission Area who are not strong walkers, who are

interested in pilgrimage, but couldn't manage 10/12 miles in a day. The dates are as follows:

Saturdays 27th September, 4th October, 11th October, 18th October, 25th October and on Sunday 26th October gather and pray at 9.15am and walk to the Parish Church for the 9.30am Eucharist. Further info from Dave Bradley: 07876732922

davebradley80@hotmail.co.uk

Music & Discussion. Come and listen to songs full of passion and provocative ideas connected with or expressing faith. The music will be the lead into faith-based discussion. At the Parish Church at 7.30pm on 25th September, 2nd & 9th October, 13th, 20th & 27th November. Further info from Dave Bradley: 07876732922
davebradley80@hotmail.co.uk

The Week Ahead

15th Monday – Feria

9am Morning Prayer
9.30am Holy Eucharist
5pm Evening Prayer

16th Tuesday – Feria

9am Morning Prayer
5pm Evening Prayer *at the Parish Church*
6pm Holy Eucharist *at the Parish Church*
7pm NWIMF Young Musician Semi-final

17th Wednesday – Feria

9am Morning Prayer
10.30am Holy Eucharist
1pm NWIMF Vocal Masterclass
5pm Evening Prayer
7pm NWIMF Young Musician Final

18th Thursday – Feria

9am Morning Prayer
10am Holy Eucharist *at the Parish Church*
10.45am Prayer Group *at the Parish Church*
12noon NWIMF Mindfulness through
Music *at the Parish Church*
5pm Evening Prayer
7pm NWIMF Film Night with NEW
Sinfonia

19th Friday – Feria

9am Morning Prayer
9.30am Offeren (Welsh Eucharist)
10am NWIMF BBC Young Composers
Concert *at the Parish Church*
11am NWIMF Get in BBC NOW
5pm Evening Prayer
7pm NWIMF BBC NOW Concert

20th Saturday – Saints, Martyrs & Missionaries of Australasia & the Pacific

9am Morning Prayer
12noon NWIMF Lecture *at the Parish Church*
5pm Evening Prayer
7pm NWIMF North Wales Choral
Union Concert

21st Sunday – Matthew, Apostle & Evangelist

9.30am The Parish Eucharist
11am The Cathedral Eucharist
1pm Baptism *at the Parish Church*
3.30pm Choral Evensong

Contact:

Parish Church: 01745 535957

Fr Rex: 07393 639813

Parish Church Website:

www.stasaphparishchurch.org.uk