



The Sunday Sheet *for* The 3rd Sunday after Trinity Sunday 21st June 2026

*A very warm welcome as we gather for the All-Age Eucharist.
An induction loop is provided.*

Gluten free wafers are available for those who need them. Please inform one of the
welcomers who will pass the information on to the clergy. Many thanks

Entrance Hymn

Praise to the Lord, the Almighty, the King of creation;
O my soul, praise him, for he is thy health and salvation:
all ye who hear,
now to his temple draw near,
joining in glad adoration.

Praise to the Lord, who o'er all things so wondrously reigneth,
shieldeth thee gently from harm, or when fainting sustaineth:
hast thou not seen
how thy hearts wishes have been
granted in what he ordaineth.

Praise to the Lord, who doth prosper thy work and defend thee;
surely his goodness and mercy shall daily attend thee:
ponder anew
what the Almighty can do,
if to the end he befriend thee.

Praise to the Lord! O let all that is in me adore him!
All that hath life and breath, come now with praises before him!
Let the Amen
sound from his people again:
gladly for ay we adore him.

*Joachim Neander 1650-1680
Tune: Lobe den Herren*

✠ In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace and peace be with you.

And keep you in the love of Christ.

The Priest gives an introduction to the Eucharist and calls the people to penitence.

Silence is kept

Lord Jesus, you have shown us the way to the Father.

Lord, have mercy: **Lord, have mercy.**

Lord Jesus, you have given us knowledge of your truth.

Christ, have mercy: **Christ, have mercy.**

Lord Jesus, you are the good shepherd leading us into life.

Lord, have mercy: **Lord, have mercy.**

Almighty God have mercy on you,

✠ forgive you and set you free from sin,
and keep you in eternal life. **Amen.**

Gloria in Excelsis

Gloria, gloria, in excelsis Deo.

Gloria, gloria, in excelsis Deo.

Lord, God, heavenly King,
peace you bring to us,
we worship you, we give you thanks,
we sing our song of praise.

Jesus, Saviour of all,
Lord God, Lamb of God,
you take away our sins, Oh Lord,
have mercy on us all.

At the Father's right hand,
Lord receive our prayer,
for you alone are the Holy One,
and you alone are Lord.

Glory, Father and Son,
Glory Holy Spirit,
to you we raise our hands up high,
we glorify your name.

The Collect

Let us pray:

Almighty God,
you have broken the tyranny of sin
and have sent the Spirit of your Son into our hearts
whereby we call you Father:
give us grace to dedicate our freedom to your service,
that we and all creation may be brought
to the glorious liberty of the children of God;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Please Sit

Jeremiah 20. 7-13

A reading from the book of the prophet Jeremiah.

⁷ O Lord, you have enticed me,
and I was enticed;
you have overpowered me,
and you have prevailed.
I have become a laughing-stock all day long;
everyone mocks me.
⁸ For whenever I speak, I must cry out,
I must shout, 'Violence and destruction!'
For the word of the Lord has become for me
a reproach and derision all day long.
⁹ If I say, 'I will not mention him,
or speak any more in his name',
then within me there is something like a burning fire
shut up in my bones;
I am weary with holding it in,
and I cannot.
¹⁰ For I hear many whispering:
'Terror is all around!
Denounce him! Let us denounce him!'
All my close friends
are watching for me to stumble.
'Perhaps he can be enticed,
and we can prevail against him,
and take our revenge on him.'

¹¹ But the Lord is with me like a dread warrior;
therefore my persecutors will stumble,
and they will not prevail.

They will be greatly shamed,
for they will not succeed.

Their eternal dishonour
will never be forgotten.

¹² O Lord of hosts, you test the righteous,
you see the heart and the mind;
let me see your retribution upon them,
for to you I have committed my cause.

¹³ Sing to the Lord;
praise the Lord!

For he has delivered the life of the needy
from the hands of evildoers.

For the word of the Lord:

Thanks be to God.

The Gospel

Please Stand

*Alleluia, alleluia, give thanks to the risen Lord.
Alleluia, alleluia, give praise to his name.*

Jesus is Lord of all the earth:
he is the King of creation:

*Alleluia, alleluia, give thanks to the risen Lord.
Alleluia, alleluia, give praise to his name.*

*Donald Fishel b.1950
Tune: Alleluia No 1*

Matthew 10. 24-39

Listen to the Gospel of Christ according to Saint Matthew.

Glory to you, O Lord.

Jesus summoned the twelve and sent them out with the following instruction: ²⁴ 'A disciple is not above the teacher, nor a slave above the master; ²⁵it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

²⁶ 'So have no fear of them; for nothing is covered up that will not be uncovered, and

nothing secret that will not become known. ²⁷What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. ²⁸Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. ²⁹Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. ³⁰And even the hairs of your head are all counted. ³¹So do not be afraid; you are of more value than many sparrows.

³² 'Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; ³³but whoever denies me before others, I also will deny before my Father in heaven.

³⁴ 'Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

³⁵ For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law;

³⁶ and one's foes will be members of one's own household.

³⁷Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; ³⁸and whoever does not take up the cross and follow me is not worthy of me. ³⁹Those who find their life will lose it, and those who lose their life for my sake will find it.

This is the Gospel of the Lord.

Praise to you, O Christ.

The Homily

Please Sit

An Affirmation of the Faith.

Please Stand

Let us declare our faith in God.

**We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,
and fills us with his love.**

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit. Amen.**

The Intercession

Please Sit

Appropriate responses may be used, for example

Lord, in your mercy:
hear our prayer.

Lord, hear us:
Lord, graciously hear us.

The Intercession ends with a suitable collect said by the priest, or the following

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Please Stand

We are the body of Christ. In the one Spirit we were all baptized into one body. Let us pursue all that makes for peace and strengthens our common life.

The peace of the Lord be with you always.
And also with you.

Let us offer one another a sign of the Lord's peace.

Offertory Hymn

Lord, the light of your love is shining,
in the midst of the darkness, shining;
Jesus, Light of the World, shine upon us,
set us free by the truth you now bring us.
Shine on me, shine on me.

*Shine, Jesus, shine, fill this land with the Father's glory;
blaze, Spirit, blaze, set our hearts on fire.
Flow, river, flow, flood the nations with grace and
mercy;
send forth your word, Lord, and let there be light.*

Lord, I come to your awesome presence,
from the shadows into your radiance;
by the blood I may enter your brightness,
search me, try me, consume all my darkness.
Shine on me, shine on me.

As we gaze on your kingly brightness,
so our faces display your likeness,
ever changing from glory to glory;
mirrored here may our lives tell your story.
Shine on me, shine on me.

Graham Kendrick b.1950

The Thanksgiving

We celebrate together the gifts and grace of God.

**We take this bread,
we take this wine
to follow Christ's example
and obey his command.**

Prayer over the Gifts

Heavenly Father,
we bring you these gifts of your own creation
and we offer the service of our lives
to the praise and glory of your name;
through your Son Jesus Christ our Lord. **Amen.**

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, it is our duty and our joy
at all times and in all places to give you thanks, holy Father,
all-powerful and everliving God,
through Jesus Christ our Lord.

For he is our great high priest
who has freed us from our sins
and has made us a royal priesthood
serving you, our God and Father.

And so with the hosts of angels and all the company of heaven
we proclaim the glory of your name
and join in their unending hymn of praise:

**Holy, holy, holy, holy,
Holy, holy, Lord God Almighty.
And we lift our hearts before you
as a token of our love.
Holy, holy, holy, holy.**

**Gracious Father, gracious Father,
Blessed is the one who comes to us
in your name.**

**And we lift our hearts before you
as we give you thanks and praise.
Hosanna in the highest.**

All praise and thanks to you, true and living God,
Creator of all things, Giver of life.
You formed us in your own image;
but we have marred that image and fall short of your glory.
We give you thanks
that you sent your Son to share our life;
you gave him up to death that the world might be saved,
and you raised him from the dead
that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us,
that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread,
and when he had given thanks
he broke it and gave it to his disciples, saying,

Take, eat; this is my body which is given for you:
do this in remembrance of me.

In the same way after supper he took the cup,
and when he had given thanks
he gave it to them, saying,

Drink from this, all of you,
for this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins:
do this as often as you drink it
in remembrance of me.

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come in glory.

As he has commanded us, Father,
we remember Jesus Christ, your Son.
Proclaiming his victorious death,
rejoicing in his resurrection
and waiting for him to come in glory
we bring to you this bread, this cup.

Accept our sacrifice of thanks and praise.
Restore and revive your people,
renew us and all for whom we pray
with your grace and heavenly blessing,
and at the last receive us with all your saints
into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him,
in the unity of the Holy Spirit
all honour and glory are yours, almighty Father,
for ever and ever. **Amen.**

Silence is kept

Please Sit

Let us pray with confidence to the Father:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

The Communion

The priest breaks the bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body
for we all share in one bread.**

We sing

Jesus, Lamb of God: have mercy on us.

Jesus, bearer of our sins: have mercy on us.

Jesus, redeemer of the world: give us your peace.

The Invitation to Holy Communion

Jesus is the Lamb of God

who takes away the sins of the world.

Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

The sacrament is administered with these words:

The body of Christ. **Amen.** The blood of Christ. **Amen.**

All those who are baptised (Christened) are welcome to receive Holy Communion today. Baptised (Christened) children are welcome to receive holy communion at the discretion of their parents.

If you are not receiving you are welcome to come forward for a blessing but please bring this leaflet with you as a signal to the priest.

Hymn at the end of Communion

Do not be afraid, for I have redeemed you.

I have you called you by your name, you are mine.

When you walk through the waters, I'll be with you.

You will never sink beneath the waves.

When the fire is burning all around you,
you will never be consumed by the flames.

When the fear of loneliness is looming,
then remember I am at your side.

When you dwell in the exile of the stranger,
remember you are precious in my eyes.

You are mine, O my child, I am your Father,
and I love you with a perfect love.

Gerard Markland b.1953

Silence is kept

The Sending Out

Please Stand

Post Communion Prayer

Give thanks to the Lord for he is gracious:
his love is everlasting.

O God,
whose beauty is beyond our imagining
and whose power we cannot comprehend:
show us your glory as far as we can grasp it,
and shield us from knowing more than we can bear
until we may look upon you without fear;
through Jesus Christ our Saviour. **Amen.**

The Blessing

The Lord be with you
And also with you.

Christ, who nourishes you with himself, the living bread and the true vine, make you
one in praise and service, and raise you up at the last day. And the blessing of God
almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with
you always. **Amen.**

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Final Hymn

Sing of the Lord's goodness, Father of all wisdom,
come to him and bless his name.

Mercy he has shown us, his love is for ever,
faithful to the end of days.

*Come then all you nations, sing of your Lord's goodness,
melodies of praise and thanks to God.*

*Ring out the Lord's glory, praise him with your music,
worship him and bless his name.*

Power he has wielded, honour is his garment,
risen from the snares of death.

His word he has spoken, one bread he has broken,
new life he now gives to all.

Courage in our darkness, comfort in our sorrow,
Spirit of our God most high;
solace for the weary, pardon for the sinner,
splendour of the living God.

Praise him with your singing, praise him with the trumpet,
praise God with the lute and harp;
praise him with the cymbals, praise him with your dancing,
praise God till the end of days.

Ernest Sands b.1949

Notices

Refreshments. Please do join us for refreshments after the service if you can.

Safeguarding. Children, young people and vulnerable adults are an important part of the community of the Church in Wales and St Asaph Parish Church. They are respected and cherished for their own sake. The Parish Church is committed to take seriously its responsibilities to protect children, young children and vulnerable adults and safeguard their welfare. The Parish Church adopts the Church in Wales Safeguarding Children and Young People Policy and upholds its Code of Good Practice.

For more information, visit:

www.churchinwales.org.uk/safeguarding

Praying for Growth. Please pray for the growth and renewal of the Church here in this place. Here is the Leading Your Church into Growth Prayer:

*God of Mission,
Who alone brings growth to your
Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship,
And power to our witness.
Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through Jesus Christ our Lord. Amen.*

The Community Fridge takes place every Sunday from 4-5pm at the Parish Church.

Sunday Sheet. Please take this sheet

home with you for the notices for the week and to pray for what is happening in the life of our Church.

Afternoon Teas take place at the Parish Church at 2pm on the 1st and 3rd Thursday of the month. The next dates are:

Thursday 2nd July

Thursday 16th July

All welcome!

Curate. Elin Douglas-Jones, who is to be ordained Deacon at the end of June at the Cathedral, will be joining us in the Elwy Mission Area to serve her curacy. Please do pray for Elin as she prepares for ordination and please support her with your presence at the cathedral on the afternoon on Sunday 28th June.

St Mary's Cefn has a celebration of the Eucharist in the 1st and 3rd Sunday of each month. The next services are as follows:

5th July at 9.30am

19th July at 9.30am

Email List. A weekly information email is sent out to all in the Mission Area who are on the list. If you do not receive this email but would like to please email: hello@stasaphcathedral.wales to be added to the list.

Bibles for School. Again we are planning to give a Bible to all those leaving Year 6 at Ysgol Esgob Morgan. If you would like to give a donation towards this please see Fr Rex or Marion Hughes.

Men - come and enjoy a game of boules

in the church grounds while the summer lasts and weather permits. A game where complete beginners can win! Every Wednesday 7pm.

New Vestments paid for by the Kentigern Guild will be dedicated on Sunday 28th June at the 9.30am Parish Eucharist. We are very grateful to the Kentigern Guild for their generosity.

Ways of Giving to the work of the Parish Church. We are very grateful to all those who contribute financially to the life and witness of our Parish Church. There are various ways to do this:

1. The Collection plate near the entrance to the Church
2. Setting up a Standing Order. Contact Dave Bradley for the bank details
3. Gift Direct. Set up regular giving or make a one off donation. For Gift Direct you can use the QR code below. Thank you very much.



The Week Ahead

22nd Monday – Feria

9am Morning Prayer
9.30am Holy Eucharist
5pm Evening Prayer

23rd Tuesday – Feria

9am Morning Prayer
9.30am Toddler Group *at the Parish Church*
5pm Evening Prayer
6pm Holy Eucharist

24th Wednesday – The Nativity of John the Baptist

9am Morning Prayer
10.30am Holy Eucharist
5pm Evening Prayer

25th Thursday – Feria

9am Morning Prayer
10am Holy Eucharist *at the Parish Church*
10.45am Prayer Group *at the Parish Church*
5pm Evening Prayer

26th Friday – Ember Day

9am Morning Prayer
9.30am Offeren (Welsh Eucharist)
6pm Choral Evensong

27th Saturday – Ember Day

8am Morning Prayer
10am Ordination of Priests
5pm Evening Prayer

28th Sunday – Trinity 4

9.30am The Parish Eucharist
11am The Cathedral Eucharist
3pm Ordination of Deacons

Contact:

Parish Church: 01745 535957
Fr Rex: 07393 639813

Parish Church Website:

www.stasaphparishchurch.org.uk

Today's Readings

Jeremiah 20. 7-13

The prophet, overpowered by God, is compelled to cry out despite the derision he suffers. He has faith that his persecutors will stumble and be shamed.

Psalm 69. 13-18

Romans 6. 1b-11

Death no longer has dominion over whoever has died to sin, for they are alive to God in Christ.

Matthew 10. 24-39

Having gathered his disciples, Jesus imparts wisdom to them before sending them out to spread the good news. The underlying message is one of hope – not to be afraid but to have faith, despite the difficult times that lie ahead.